Editor: Michael M. Kloian - 912-547-2416 - Editor@BayLakeEstates.org

The Bay Laker

Issue 145



DATES TO REMEMBER

- Saturday Morning Coffee 9:00 a.m. Free coffee & donuts has ended for the summer. See article in this newsletter. Free Coffee & donuts will be announced in the September Bay Laker, when resumed.
- September 4th Labor Day Lunch (free) at 1:00 p.m. R.S.V.P.
- Newsletter Article Deadline September 10th for the October issue
- Romeos September 12th and September 26th 8:45
 a.m. (see the sign-up sheet)
- Juliets Lunch Thursday, September 14th at 1:00 p.m., at Shamrock Cafe (see article and the sign-up sheet in the clubhouse).
- Juliets Breakfast Tuesday, September 19th at 9:30
 A.M. at Millie's Café in Sarasota (see article and the sign-up sheet in the clubhouse).
- The next Board of Directors meeting will take place on Thursday, September 28.
- The next HOA meeting will happen on Tuesday, October 3rd at 7:00 p.m.

(Please note, after signing up to attend any function, if you are unable to attend, please let someone know. These restaurants have graciously reserved space for the Juliets and it would rude to tell them there will be 18 women dining when in fact only 10 show up.)

On-going Events...

Tuesdays: Cards -Texas Hold-em for BLE residents only

(6:30 p.m.)

Wednesdays: Golf in Venice (8:45 a.m.)

Thursdays: Shuffleboard (6:00 p.m.)

Fridays: Cards (dealer's choice) (6:30 p.m.)

Euchre (7:00 p.m.)

Saturdays: Morning Coffee (BYO coffee & donuts) at

9:00 a.m. Game Night 7:00 p.m.

HOA Officers & Directors

President Gaetane Carrier

613-799-0055

Vice President Mike Snodgrass

216-534-5793

Secretary Marian Brooks

941-667-0879

Treasurer Steve Medich

708-921-3367

Director-at-large George Dujanowicz

586-255-5501

Director-at-large Kenny Nifong

574-274-0549

Director-at-large Linda Wood

802-254-0712

Park TV channel - 196 Lift Assist Line - 941-316-1201

THE PRESIDENT'S CORNER

Gaetane Carrier 613-799-0055

Hello Everyone!



Rummage Sale News:

Facts regarding the Rummage Sale:

- 1. The Golf Committee volunteered to run the Rummage Sale for 2023.
- 2. Following the 2023 sale, the Committee provided their report to the Board and subsequently advised they would <u>not</u> be hosting the Rummage Sale for 2024. They provided their reasons for this decision as well as some risks, concerns and recommendations.
- 3. As per Chapter 723 of the Florida Statutes, the 2023 Rummage Sale Committee would have been an <u>ad hoc committee</u>. This is a committee that is formed for a <u>limited period of time</u> to address a <u>specific</u> need, and is officially dissolved when the task is completed.
- 4. The 2023 Rummage Sale Committee's task was completed upon presentation of their report, therefore, officially dissolved on that date by virtue of the statute, regardless of their voluntary dissolution. **I plan to make this much clearer with future committees as their appointments and purposes will be made by motion and reflected in the minutes of our meetings. **

I know many of you are very passionate about this topic. That being said, IF ANYONE is interested in coordinating the Rummage Sale for 2024, please feel free to step up and volunteer! I will be more than happy to bring a motion appointing a new committee for 2024 at our next meeting. (Please be aware that storage *may* be an issue, as it has been for the last few years. This basically means we *don't know* when the shed will be demolished, and we may not get any warning. The contractors have been hired and will get to this job when *they* can - not

continued on page 3

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when we are ready.)

Hopefully, I have clarified the situation and I truly hope we can put this topic to rest once and for all, or at least until we have new group of volunteers willing to take this on and make it happen!

See you Soon!

I will be arriving at BLE on September 24th and will stay until October 24th - a little fall getaway before I move in for the winter season. I look forward to seeing you all!

Have a good month. Stay safe and healthy! 'G'

FROM THE EDITOR

Michael M. Kloian (912) 547-2416



A TRIBUTE TO GRANDPARENTS EVERYWHERE

Russell Capper (age 9 in 1969) sent a letter to President Nixon suggesting a special day be set aside as Grandparents' Day. On June 12, 1969, he received a letter back from Rose Mary Woods (Personal Secretary to the President) reading, "Dear Russell, Thank you for your letter to President Nixon. Your suggestion regarding a Grandparent's Day is appreciated, but the President ordinarily issues proclamations designating periods for special observance only when a Congressional resolution authorizes him to do so. With best wishes, Sincerely, Rose Mary Woods Personal Secretary to the President".

Since the aforementioned letter, <u>Marian McQuade</u> was recognized nationally by the <u>United States Senate</u> – in particular by Senators Jennings Randolph[3] and Robert Byrd – and by <u>President Jimmy Carter</u>, as the founder of National Grandparents Day. McQuade made it her goal to educate the youth in the community about the important contributions seniors have made throughout history. She also urged the youths to "adopt" a grandparent, not just for one day a year, but rather for a lifetime. Co-founder Cynthia Bennett, who worked for Marian's husband,

contributed by writing letters of verification.

In 1973, Senator Jennings Randolph introduced a resolution to the senate to make Grandparents' Day a national holiday. West Virginia's Governor Arch Moore had proclaimed an annual Grandparents' Day for the state, at the urging of Marian McQuade. When Senator Randolph's resolution in the U.S. Senate died in committee, Marian McQuade organized supporters and began contacting governors, senators, and congressmen in all fifty states. She urged each state to proclaim their own Grandparents' Day. Within three years, she had received Grandparents' Day proclamations from forty-three states. She sent copies of the proclamations to Senator Randolph. In February 1977, Senator Randolph, with the

In February 1977, Senator Randolph, with the concurrence of many other senators, introduced a joint resolution to the senate requesting the president to "issue annually a proclamation designating the first Sunday of September after Labor Day of each year as 'National Grandparents' Day'." Congress passed the legislation proclaiming the first Sunday after Labor Day as National Grandparents' Day and, on August 3, 1978, then-President Jimmy Carter signed the proclamation. The statute cites the day's purpose: "...to honor grandparents, to give grandparents an opportunity to show love for their children's children, and to help children become aware of strength, information, and guidance older people can offer".

To submit a newsletter article, simply type something up in an email or text (912-547-2416) and send it off to: Editor@BayLakeEstates.org. Please add the word "Newsletter" in the subject line. If you do not receive a reply that I received your article that probably means I did not receive it. Send it again or please call me. Kindly pay close attention to the spelling and capital letters for Editor@BayLakeEstates.org.

I will take care of the rest. No need to worry about spelling or formatting. If you take a picture with your phone that you would like to submit for the

continued on page 4

newsletter, send it to me in an email or a text with a little note of explanation. Or if you are unable to do that, simply text it to me at (912) 547-2416.

Remember you can read the Bay Laker Newsletter monthly (in color) online at BayLakeEstates.org. There, you will find links for current and past newsletter editions.

Please note: ALL articles and submissions may be edited or censored for remarks or comments that residents may find offensive. We strive towards creating a newsletter that represents our compassionate, loving community that is all inclusive to all current and future residents. If by chance you read something in one of our newsletters that you find offensive, please don't hesitate to contact me, the editor, to discuss your concerns for future newsletters.

RESIDENT-OWNED BUSINESSES

- Tax Preparation and Bookkeeping Services Donna Pfeiffer (941) 586-2812
- BluFin Making it easy for you to sell or rent your BLE home.
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 - Michael M Kloian (912) 547-2416
- Palmer Pottery Showroom Open by Appointment Only Jeanne Palmer Jeanne@palmerpottery.com
- Dog Grooming by Ania Rada 773-766-7189

Want your business or service listed monthly in The Bay Laker? Send your name, phone number, and a short description of your service/product to Editor@BayLakeEstates.org

HEALTH BENEFITS TO EATING WATERMELON

contributor Michael M Klojan

LOADED WITH LYCOPENE

The *cheery* red color comes from lycopene, an antioxidant. Studies show it may help curb your risk of cancer and diabetes as part of a healthy lifestyle. Watermelon has more of this nutrient than any other fruit or veggie



-- even tomatoes. To load up on lycopene, choose a melon with bright red flesh rather than yellow or orange. And the riper, the better. Also, seedless melon tends to have more lycopene than those with seeds.

Some pigments help protect plants from the sun. Oddly enough, just eating them may shield your skin, too -- at least a little. The lycopene in watermelon may make it less likely that you get sunburned. But that's not for sure, so keep using your broadspectrum sunscreen with SPF of 30 or higher every day.

SUN BENEFIT?

Some pigments help protect plants from the sun. Oddly enough, just eating them may shield your skin, too -- at least a little. The lycopene in watermelon may make it less likely that you get sunburned. But that's not for sure, so keep using your broadspectrum sunscreen with SPF of 30 or higher every day.

HEALTHIER HEART

Watermelon is rich in an amino acid called citrulline that may help move blood through your body and

can lower your blood pressure. Your heart also enjoys the perks of all the lycopene watermelon contains. Studies show that it may lower your risk of heart attacks. Of course, your whole lifestyle affects your heart health. So make sure you



also work out, limit saturated fat, and keep up with your doctor's advice.

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PROTECTS YOUR JOINTS

Watermelon has a natural pigment called betacryptoxanthin that may protect your joints from inflammation. Some studies show that over time, it could make you less likely to get rheumatoid arthritis.

EASY ON YOUR EYES

Just one medium slice of watermelon gives you contains 9-11% of the vitamin A you need each day. This nutrient is one of the keys to keeping your eyes healthy. Foods are the best ways to get all the vitamins and minerals that your body needs.

NATURALLY SWEET HYDRATION

Juicy watermelon is 92% water, so it's a simple way to help stay hydrated. Every cell in your body needs water. Even a small shortage can make you feel sluggish. If you get really dehydrated, it can become serious enough that you need to get fluids by IV.

SOOTHES YOUR EYES

Vitamins A, B6, and C in watermelon help your skin stay soft, smooth, and supple. Because it's loaded with water, melon also makes a great face mask. Mix 1 tablespoon of watermelon juice with the same amount of Greek yogurt. Spread over your face and leave on for 10 minutes to slough off any dry, dull skin. Rinse and pat dry.

SATISFIES YOUR SWEET TOOTH

A cup of ice cream will set you back around 300 calories. You can enjoy the same amount of watermelon for just 45.6 calories. And unlike many other desserts, it's fat-free, cholesterol free, and has no sodium. Plus, the water in it will help you stay fuller longer. To make an easy sorbet, puree some watermelon in your blender, add a squeeze of lime, and pop in the freezer until it hardens.

WON'T SPIKE YOUR BLOOD SUGAR

Trying to keep your blood glucose levels steady? You're in luck. Watermelon has a glycemic index (GI) value of 80, about the same as a bowl of cornflakes. But it's got few carbs. That means its glycemic load (how quickly it enters your bloodstream and how much glucose it can produce) is a mere 5. Enjoy a slice without guilt!

EASY TO DIGEST

If you have a digestive condition like Crohn's or colitis, the list of what not to eat during a flare can be long. You can put watermelon on your "yes" list. Its soft, fleshy fruit is easy for even an inflamed gut to digest. (Just don't eat the rind or the seeds if you need to limit fiber.)

CHOOSE A GOOD ONE

Pick a melon that's free of dents, nicks, and bruises. Look for a yellow, not white, spot on the bottom. This signals that it's ripe. A juicy, ready-to-eat watermelon will feel heavy for its size. When you thump it, it should sound hollow.

SAFELY CUT AND STORE YOUR MELON

Wash the outside of your melon before you slice into it. You don't want your knife to transfer any germs to the inside. While melon tastes best right after it's cut, you can store it in your fridge for up to 5 days. Freezing is an option, too. While the watermelon won't stay crisp, you can thaw it to use in smoothies.

DON'T STOP WITH A SLICE

A slice of fresh watermelon tastes great, but you can do more with it. Top a salad with cubed melon and crumbled feta cheese. Make a watermelon pizza by topping wedges with yogurt, mint, slivered almonds, and berries. And save the seeds! Tossed with olive oil and sea salt, they can be roasted for a tasty (and healthy) snack.

SATURDAY MORNING COFFEE

contributor Tim Swain

Although the free coffee and donuts ended for the summer months there is the likelihood that this tradition could continue if a volunteer comes forward to chair this event. You may need board approval to continue the free coffee and donuts during the summer months. Anyone interested?





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HIGHLIGHTS OF RULES & RESPONSIBILITIES

modified April 27, 2023

DRAFT - Highlights of Roles & Responsibilities

Modified: April 27, 2023

BLE Homeowners' Association 1.0 Provide a copy of the prospectus to all home owners 1.0 Represent all horne owners & residents in all matters relating to 2.0 Sign land lease with all homeowners: F.S Chapter 723 (whether they are members or not). 3.0 Maintain all ELS infrastructure: 2.0 Act on matters of common interest for the enjoyment of 3.1 Buildings; residents, including cultural activities, recreational activities 3.2 Pool area: and social activities 3.3 Street lights: 3.0 Conduct business and operations of the home owners' 3.4 Lake association: 3.1 Adopt by-laws, policies and rules or regulation of the HOA 3.5 Suffleboard courts; 3.6 Laundry facility and equipment 3.2 Hold Board of Directors Meetings and General Membership 3.7 Storm drains to vote on business matters; 3.8 Sewers - from cleanout to main line, and main lines; 3.3 Maintain records of the association: 3.9 Water - from shutoff to main line, and main lines; 3.3.1 Articles of Incorporation and amendments; 3.10 Grounds - lawns & flower containers in common areas: 3.3.2 By-laws and amendments: 3.3.3 Written rules, regulations or policies and 3.11 Streets (pavement, speed limit signs) 4.0 Maintenance of trees amendments: 4.1 Trimming of palm trees and grand oaks over 6' high; 3.3.4 Approved minutes of all meetings; 4.2 Cutting of diseased, damaged or fallen trees. 3.3.5 Roster of all members with mailing addresses, lot numbers, and emails (for those who have opted for 5.0 Maintain day-to-operations of park 6.0 Management acts as liaison with HOA on behalf of Park Owner electronic transmission); 3.3.6 Copy of association insurance policies; 7.0 Meet with Negotiating Committee on lot rent, rules & regulation 3.3.7 Financial records with itemised and detailed receipts and expenditures; tax returns, etc; 8.0 Enforce prospectus and state laws 3.3.6 Copy of association insurance policies; Individual Homeowners 3.3.7 Financial records with itemised and detailed receipts and expenditures; tax returns, etc; 1.0 Electrical Pedestals 3.3.8 All other written records of the association. 2.0 Mailboxes. 3.3.9 Provide reasonable access of records to members. 3.0 Maintainance & repairs of your home & outbuildings (shed, lanal, etc) 4.6 Communicate important information to members 4.0 Water - shutoff valve & lines from shutoff valve to your home **(May 5.0 Act as liaison on behalf of residents with park owner and vary depending on location)* management. 5.0 Sewer - Lines from cleanout to your home. 6.0 Appoint 5-member Negotiating Committee for the purpose of 6.0 Maintenance of flower beds and containers installed and planted by negotiating the change in rent, rules & regulations. you, around your home. 7.0 Appoint other committees, as required. 7.0 Trees: 8.0 Appoint Clubhouse/Event Coordinator 7.1 Trim palms under 6' high; 7.2 Trim bushes and australian pines of all sizes. 7.3 Replace all palms and trees. 8.0 Abide to prospectus, rules & regulations of the park and HOA.

MORE HELP NEEDED!

contributor Marion Brooks

HELP!! LILFE!! AYUADA!! **MEMBANTU!!**



We need help, in any language. During the year 2023, our HOA would like to host the following events below:

While some folks have signed up, several events need a designated chairperson to run the show, plan the menu, find volunteers etc.

• Labor Day Monday September 4th 2023 Lunch each event. Some categories of volunteers are: (Michael M Kloian/Brad Bixbee)

- October 31st Halloween and Best Costume Party, Debbie & John Kreta
- Pool Parties (pot luck breakfast, or lunch, or a late afternoon lunch)
- September Pool Party???
- Thanksgiving Dinner 2023???
- Golf Cart Christmas Parade December 2023???
- Christmas Dinner 2023 (Michael M Kloian/Brad Bixbee)
- New Years Eve Pot Luck Dinner???
- Valentine's Day Dinner and/or Dance 2024???

Volunteers are always needed to chair and work

continued on page 10

Chairperson(s) to manage and plan the event, Kitchen Helpers (food preparation), Food Servers, Sink Duty (cleaning pots, pans, utensils), Set-up & Tear Down. To volunteer, please call the chairperson in charge of the event if you're inclined to assist.

WHAT'S GOIN' ON IN BAY LAKE ESTATES? STAY CURRENT

contributor Steve Rollison 941-375-8110

YOUR MOST VALUABLE ACCOUNT

You probably have an online account that many crooks would value even more than your bank account. Really!

Hacking into your e-mail account might actually provide them easy access to all your other online accounts – including your bank and/or investment accounts. But you already knew that – right?

You did know that already if you've been an Event Alerts subscriber for a while. That's because an Alert went out not that long ago, describing how a Bay Lake resident narrowly escaped being victimized by a crafty crook pretending to be an Xfinity employee. Yes, he was trying to con the resident out of his e-mail password!

What exactly are the Event Alerts, you ask?

They are short e-mail "blasts" sent out whenever there are news items, announcements, events or activities you'd want to know about. The Bay Laker Newsletter is great, but like any printed information, it's pretty much out of date by the time you pick it up.

Alerts are the best way to stay on top of things at Bay Lake.

If you're not already a subscriber, becoming one couldn't be any easier. Just send me a request at: EventAlerts@SteveRollison.com

A brief "Please subscribe me," along with your name, is all you need to send.

HOME OF THE MONTH...

August 2023 "Home of the Month" is awarded to: David & Janice Smith of 61 Hyacinth St. Your home looks great! Congrats!

Who selects Home of the Month, you may be wondering. The answer is, we don't know who the judges are. When a home of the month is selected by the judges, our community manager, Leslee Jones, personally hands the winner a \$50 gift card.



JULIET'S LUNCH

Helen Baker 309-830-8449

On Thursday, September 14th at 1:00 p.m. the Juliet's will be dining at SHAMROCK CAFE, 759 Shamrock Blvd. Venice, 941-244-0795. The menu is one of the best selections for eating breakfast at lunch time. Please use the sign-up sheet in the clubhouse.

JULIET'S BREAKFAST Carla Hannay 941-223-0162



On Tuesday, September 19th at 9:30 a.m. the Juliet's will dine at the ever so popular MILLIE'S Café at 3900 Clark Rd. in Sarasota, 941-923-4054. Please use the sign-up sheet in the clubhouse.

THE ROMEOS

Tim Swain 317-258-3400

The Romeos (the men of BLE) meet for breakfast usually on the 2nd and 4th Tuesday of every month. They leave the park at 8:45. PLEASE check the sign-up sheet in the clubhouse for the location and more details and to be certain breakfast is still scheduled.

NEWSLETTERS

View our Latest

The Bay Laker Newsletter will continue to be placed in the <u>clubhouse</u> for pick-up until



further notice. I am told they plan to resume home delivery in the fall, provided a few volunteers step forward. You can also access the newsletter on-line at www.BayLakeEstates.org.

HOA MEMBERSHIPS

HOA memberships are always on sale for 2023. All homeowners may purchase a membership for \$10.00 for the entire year. This is a fiscal thing, January – December.

Please note, when voting for the election of directors **only one member of the HOA per household** are allowed to vote, per #723 of the Florida Statue. Annual renters and occupants may purchase an Associate membership for \$10.00 a year as well. All members may vote on HOA issues and expenditures and attend HOA meetings. HOA memberships are important to receive discounts on certain events, like the Ice Cream Social, the Valentine's Day dinner and dance, and more.

Memberships will be sold at Saturday morning coffee and at association meetings, or by calling Steve Medich at 708-921-3367.



MY FAVORITE EASY RECIPE

contributor Michael M Kloian

I know for a fact BLE has a number of lovers of lamb living here so this one's for you:



Marinated Leg of Lamb Kabobs

- Grilled

Start by purchasing a small boneless leg of lamb at Publix. I've been buying all my lamb at Publix simply because it is a great quality domestic cut. One boneless leg of lamb may be a bit too much to marinade, unless you will be hosting a party, so you can cut it in half, or thirds, and freeze half. Or look for a smaller cut of lamb called the Sirloin.

Trim any excess fat from the leg. Cut the leg in cubes – about 1 inch X 1 inch. Slice a smaller whole onion and get this ready.

In a bowl, place the cubes and season with sodium free salt, black pepper, oregano and Cavender's All Purpose Greek Seasoning.

Purchase a small bottle of cooking Sherry wine and pour half of this over the cubes of lamb. Wait 12 hours before adding more Sherry, if desired.

Add the onion slices and mix well, then marinade a minimum of 24 hours to 48 hours, stirring and mixing throughout the day. On cooking day, skewer the cubes of lamb either on metal skewers or wood skewers BUT every time you slide one cube of lamb on the skewer add a small cut of onion and after the 2nd cube add a small cut of green pepper. Rotate this until finished. Two grape tomatoes may also be added to each skewer.

Preheat your outdoor grill to medium – medium high. Be careful NOT to overcook the cubes of lamb, so you will need to turn the skewer over at least once while grilling.

Lastly, I'll usually purchase a fresh loaf of either French bread or Cuban bread at Publix and make myself a few lamb kabob sandwiches

and freeze one or two.

For a great side dish paired with lamb you could make Rice Pilaf.



SUB-FLOOR & FLOORING EXPERTS!

COVID-19 NOTICE:

We are taking as many precautions as we can to ensure not only our workers safety but yours as well. We are checking employee temperatures daily, limiting contact between crews, and offering no customer contact if you choose. We are an "Essential Business" and here for you when you need us.





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THE HUMANE THING TO DO

contributor Michael M Kloian

This column is dedicated to all those humans who <u>insist</u> on helping other humans.

Welcome Home Sgt. Ken Kalish

Sgt. Ken Kalish just got the keys to his new home in the Dallas-Fort Worth community of The Sanctuary at Lake Ridge. Kalish is getting a fresh start, thanks to



several local organizations that teamed up to build him the new mortgage-free, custom home.

"We will never be able to repay U.S. Marine Corps Sgt. Ken Kalish for the numerous sacrifices he made and the injuries he sustained while in combat, but the donation of this home is our token of gratitude for this hero who gave up so much for his country." *The problem with* spending time with USMC Kenny Kalish, 23, is that one must remind themselves he has lost his legs and left arm. His personality, intelligence, consideration of others and sense of humor so consume one's attention that his physical differences become invisible. Such circumstances are exactly what CMO's founders want to occur. They want us to see Marines like Kalish the way they do: as the able, capable, selfless Marines they are.

Near an outdoor market in Afghanistan on April 7, 2011 Kalish, while on patrol with his bomb-detecting **canine**, Fynn, stepped on a 10-pound IED pressure plate.

Since then he's had many surgeries and thousands of hours of rehab.

Dan Wallrath Founder of Operation Finally Home The 2,500 square foot, custom-built home features four bedrooms, three baths, a formal dining room, granite countertops, and wood floors throughout. The home was built with custom accessories for Kalish including pull-down shelving and a wide master shower. Fynn his dog also has plenty of room to run in the large, fenced backyard.

Sgt. Ken Kalish: "This is the beginning of a new life for me and I can't thank everyone enough, where my new home is — it's truly a sanctuary with the view, the quietness and the peace. I think I'm most excited about the open floor plan, which is going to allow me to move around easier, especially the wide doors in the bathroom. It all just means so much to me."

We have joined Dallas area home builder Victory Custom Homes & Dan Wallrath, Founder of Operation Finally Home to build this home for Sgt. Ken Kalish. EyeSite Surveillance is proud to provide 24 hour a day video construction site security and site video documentation free of charge for the life of the project!

To Sgt. Ken Kalish: "Thanks for all you have done for this country & Welcome Home!"

IN CLOSING: United States Veteran Kenny Kalish was chosen from the Dallas Area to train for 9-weeks with the Adaptive Training Foundation to prepare himself for a week of skiing/snowboarding at Squaw Valley Alpine Meadows in the 2017 Military to the Mountains Program. The Military to the Mountains program started with USMC Veteran Corporal Jacob Schick in March 2015 returning to the slopes, and through media and generous donations from Squaw Valley Alpine Meadows and many more, the program will see 22 U.S. Veterans sliding down snow in April 2017.

If you have a 'The Humane Thing To Do' story please submit this to the editor at editor@baylakeestates. org.

MIRACLES DO HAPPEN

contributor Michael M Kloian

AMERICAN NIJA WARRIOR

I'm not a huge fan of this Monday night show but there are moments it is rewarding, and entertaining, to watch. On July 17th NBC aired an ANW segment. And, when I learned of this young man's accomplishments, I was so impressed, I had to watch and see for myself.

Matt Bradley was born with Cerebral Palsy. CP is the most common motor disability in childhood. Cerebral means having to do with the brain. Palsy means weakness or problems with using the muscles. CP is caused by abnormal brain development or damage to the developing brain that affects a person's ability to control his or her muscles, usually from birth.

To watch this young man plow through that difficult ANW course and claw his way to victory was truly amazing. This proves that the Spirit of the Human race can and does prevail.

If you have a 'miracle' story to share, please send your story to editor@baylakeestates.org.
Put NEWSLETTER in the subject line.

SUNSHINE COMMITTEE

Becki Phelps 585-813-8625

The purpose of the Sunshine Committee is to express sympathy and/or concern to residents in the event of illness or bereavement. We want our neighbors to know they live in a community that cares.

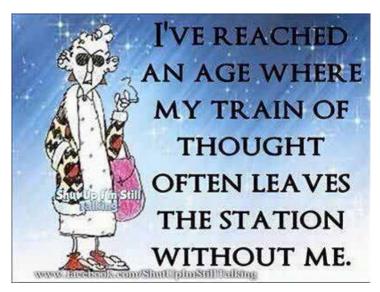
Please let us know about a bereavement or illness regarding a resident that could be shared with the Sunshine Committee.

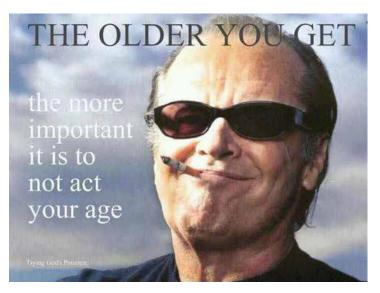
Call either Becki Phelps at (585) 813-8625 or Sandra Lee at (419) 921-9361. The Sunshine Committee will be sure to confirm your information before posting it



A LITTLE HUMOR









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WHERE TO DINE – WHAT TO ORDER

contributor Michael M Kloian

Believe it or not Wawa (the gas station) cooks and sells fresh burgers (with all the toppings) and crispy chicken



sandwiches all day long. Though I've not eaten their Panini they do look yummy. Try one. Much closer than driving up to Sarasota to visit Chick-fil-A for their awesome spicy chicken sandwich. Great menu – great service – great food!

MY FAVORITE FILM OR TV SHOW

contributor Michael M Kloian (912-547-2416)

There is <u>one</u> actor/film director/film producer who, for the most part, goes without recognition at Oscar time. He is Clint Eastwood. Not only did we grow up watching his many spaghetti westerns (usually at



the drive-in theatre) we also watched him climb to stardom during his rise from many great films he starred in and directed.

Clint may be best known for playing the role as "Dirty" Harry Callahan, however, his list of film accolades is so long you should google his name and see for yourself.

There is one film in particular I'll mention in this column. "Jersey Boys' (the Frankie Vali story) was NOT nominated for an Oscar, yet, in Japan Clint won Best Music Award for this great musical film he directed. I have a BluRay DVD if anyone reading this would like to borrow it.

In closing, this is what Eastwood had to say:

Clint Eastwood: "I will never win an Oscar and do you know why? First of all, because I'm not Jewish. Secondly, because I make too much money for those old farts in the Academy. Thirdly, and most importantly, because I don't give a ****."

BIRTHDAYS AND ANNIVERSARIES

by Steve Limkemann (734) 419-9142



September Birthdays

2 Barbara Beaulieu

2 Dawn Gagne

2 DeeJaye Hott

3 Susan Rollison

3 Susan Zimmermann

4 Craig Anderson

5 Albert Clark

7 Rick Sutton

10 Jerry Oberman

11 Helen Baker

11 Fred Gallmeyer

14 Laurie Nemeth

15 Karen Limkemann

16 John Treilibs

19 Terry Fontanyi

19 Sue Small

23 Denis Lacelle

24 Robert Benzo

24 Cathy Davis

24 Jane Hodson

25 Peter Brill

27 Bob Messier

29 Keith Buckley

30 Iwona Dujanowicz

September Anniversaries

3 Brent & Cynthia Bennett

4 Debbie & Jerry Bowman

4 Derk & Gail Bonin

17 Jerry Oberman & Kay Reynolds

19 Kathie & Robert Morris

20 Chuck & Lee Anne Quaile

23 Jane & Rod Van Buskirk

25 Fred Gallmeyer & DeeJaye Hott

25 Les & Nancy Harwood

30 Dana Kelley & Michael McVicar



We may not have everyone's birthday and/or anniversary month and day. If you had a birthday and/or anniversary this month and we missed it, or listed it incorrectly, please send a correction to stevelim@wwnet.com. That's also the e-mail address to use to send your info if you are a new resident or have a phone book change.



BAY LAKE ESTATES BOOK CLUB 2023-2024

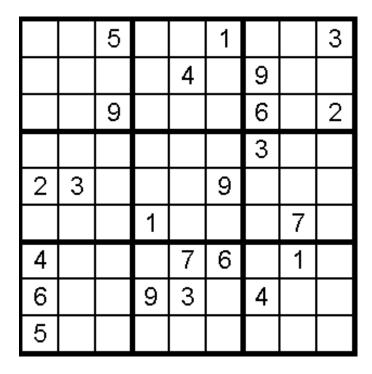
The group meets on the second Wednesday of the month in the club house library beginning in November 2023.

Contact person: Karen Limkemann

Date	Title & Author	Leader
November 8th	Suddenly Pychic by Elizabeth Hunter pub: 2020	Susan Rollison
December 13th	Beneath a Scarlet Sky by Mark T. Sullivan pub: 2017	Jane Shupp
January 10th	The Great Alone by Kristen Hannah pub: 2018	Bonnie Heintz
February 14th	The Rose Code by Noah Hawley pub: 2021	Diane Adamson
March 13th	The Personal Librarian by Maire Benedict pub: 2020	Sharon Brewer
April 10th	The Wish by Nicholas Sparks pub: 2021	Virgini



SEPTEMBER





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30 BYO coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.	29 Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m.	Board of Directors meeting Shuffleboard (6:00 p.m.)	Golf in Venice (8:45 a.m.)	26 Romeos – 8:45 a.m.	25	24
23 BYO coffee & donuts at 9:00 a.m. Game Night 7:00 p.m. First Day of Autumn	22 Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m.	Shuffleboard (6:00 p.m.)	Golf in Venice (8:45 a.m.)	Juliets Breakfast – 9:30 a.m. at Millie's Cafe in Sarasota Cards -Texas Hold-em for BLE residents only (6:30 p.m.)	18	17
BYO coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.	15 Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m.	Juliets Lunch – 1:00 p.m. at Shamrock Cafe Shuffleboard (6:00 p.m.)	Golf in Venice (8:45 a.m.)	Romeos – 8:45 a.m. Cards -Texas Hold-em for BLE residents only (6:30 p.m.)	11 Patriot Day	Newsletter Article Deadline for October issue
9 BYO coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.	8 Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m.	Shuffleboard (6:00 p.m.)	6 Golf in Venice (8:45 a.m.)	Cards -Texas Hold-em for BLE residents only (6:30 p.m.)	Labor Day Lunch (free) at 1:00 p.m. R.S.V.P	3
Saturday 2 BYO coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.	Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m.	Shuffleboard (6:00 p.m.)	Golf in Venice (8:45 a.m.)	Cards -Texas Hold-em for BLE residents only (6:30 p.m.)	Monday	Sunday
OCTOBER S M T W T F S 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31			SEPTEMBER 2	SEPT	Manda	S M T W T F S 1 1 2 3 4 5 6 7 8 9 10 11 12 13 14 15 16 17 18 19 20 21 22 23 24 25 26 27 28 29 30 31

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Hey, Bay Lake Residents! Looking to earn some extra income?

Community Media (the publisher of this newsletter) is hiring part time people to assist in the production of this monthly newsletter and others. This position(s) will be in our Venice Island office (by Venice High School).

Requirements:

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