

The Bay Laker

Issue 148

THE PRESIDENT'S CORNER

Gaetane Carrier

613-799-0055



DATES TO REMEMBER

- Saturday Morning Coffee 9:00 a.m. Free coffee & donuts is back.
- Weekly bingo is back on Wednesday.
- Newsletter Article Deadline – **December 7th** for the January 2024 issue.
- December 9th - Golf Cart Christmas Parade (more info to be announced)
- Romeos – December 12th and December 26th 8:45 a.m. (see the sign-up sheet)
- Women's Club Luncheon/Juliet's Lunch – **Thursday December 14th** at 12:00 noon at the clubhouse.
- Juliets Breakfast – Tuesday, **December 19th** at 9:30 A.M. at Eggstraordinary, 941-966-6652 next door to Mama Leone's (see article and the sign-up sheet in the clubhouse).
- Monday, **December 25th** at 3:00. Christmas Day dinner. Sign-up sheet will be at the clubhouse on 12/01.
- The next Board of Directors meeting will be on Thursday, **November 30th** at 10:00 a.m. and **Thursday, December 28th** at 10:00 a.m.
- The next HOA/General Membership meeting will happen on Tuesday, December 5th at 7:00 p.m. and January 2nd at 7:00 p.m.

(Please note, after signing up to attend any function, if you are unable to attend, please let someone know. These restaurants have graciously reserved space for the Juliets and it would rude to tell them there will be 18 women dining when in fact only 10 show up.)

On-going Events...

- Tuesdays:** Cards -Texas Hold-em for BLE residents only (6:30 p.m.)
- Wednesdays:** Golf in Venice (8:45 a.m.) Bingo 6:45 p.m.
- Thursdays:** Shuffleboard (6:00 p.m.)
- Fridays:** Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m.
- Saturdays:** Morning Coffee (BYO coffee & donuts) at 9:00 a.m. Game Night 7:00 p.m.

HOA Officers & Directors

President	Gaetane Carrier
613-799-0055	
Vice President	Mike Snodgrass
216-534-5793	
Secretary	Marian Brooks
941-667-0879	
Treasurer	Steve Medich
708-921-3367	
Director-at-large	George Dujanowicz
586-255-5501	
Director-at-large	Kenny Nifong
574-274-0549	
Director-at-large	Linda Wood
802-254-0712	

Park TV channel - 196

Lift Assist Line - 941-316-1201

Hello Everyone,

I'm back in Canada and I'm freezing! I can't wait to get back to Bay Lake Estates in a couple of weeks. My last article focused on dog issues/incidents and this month I have a couple more hot topics to bring to your attention.

ACCESS CODES:

It seems some contractors and/or friends of certain residents have been given the 'secret' code to access the clubhouse on a regular basis. Someone was recently observed using the washroom facilities for an extended period of time (perhaps taking a shower?) as well as using the kitchen area.

Please remember, we should never give this access code to non-residents under any circumstances. You can offer your contractors your own washroom facilities, and if you are not comfortable with this please take them to the Clubhouse yourself, but do not give out the code. We need all residents to do their share to protect our facilities and contents.

If you see someone you don't recognize in the Clubhouse, pool area or laundry facility, please ask them who they are and who gave them the code. If they are not residents, let me know and I will be happy to report this to our park management. I am already aware of at least two incidents with the same person accessing the Clubhouse in the past month, but need to know who is giving out the code.

NON-HOA EVENTS AT THE CLUBHOUSE:

We've had quite a few inquiries about using the Clubhouse for non-HOA events lately (ex: birthday or anniversary parties, etc.). We have

continued on page 3

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Hey, Bay Lake Residents! Want to earn some extra income?

Community Media (the publisher of this newsletter) is hiring part time people to assist in the **production and delivery** of this monthly newsletter and others. This position(s) will be in our Venice Island office (by Venice High School).

Requirements:

- Valid drivers license and clean driving history (CDL not required)
- Deliver to communities in southwest and central Florida in our company van
- Ability to stand for a few hours at time, have good manual dexterity, and lift 40 lbs
- Availability from the 15th-30th of each month

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a beautiful clubhouse that residents can absolutely use for private events.

That being said, it is strongly recommended that liability insurance be added as a rider to your existing homeowner's policy for the event. Saying the event is 'open to everyone or the public' to avoid purchasing liability insurance may save you some money, but it does not make it an HOA event and does not absolve you personally of any liability.

In addition, please remember that Non-HOA events do not have access to the kitchen, kitchen equipment/supplies, or the pool area (Park rule). Alcohol is also not permitted.

If you would like to reserve the clubhouse for a private event, please contact our Booking Coordinator, Linda Nifong. Her information is in our Directory.

Stay safe and healthy. See you soon!

Gaetane

FROM THE EDITOR

Michael M. Kloian (912) 547-2416

Assassination of Kennedy...

continued from November 2023

Bay Laker



While still frames from the Zapruder's 8-mm footage had been published in November 1963 in *Life Mag* (which had purchased the rights to the film), the footage itself did not receive a wide viewing until 1975, when it was shown on the *Good Night America* television program. In showing Kennedy's head jerking backward, the footage seemed to indicate that a shot had come from in front of the president and not from Oswald's sniper's nest, adding support to those who argued that there had been a second shooter on Dealey Plaza's grassy knoll. The uproar generated by the American public's response to the film and by the revelations that the CIA had withheld pertinent information from the Warren Commission contributed to the

establishment in 1976 of the House Select Committee on Assassinations (HSCA), which investigated not only the assassination of Kennedy but also that of Martin Luther King, Jr.

Although the HSCA's findings were largely in line with those of the Warren Commission (including the conclusion that a shot by Oswald had killed the president and that a single bullet had hit both Kennedy and Connally), its bombshell revelation was a Dictabelt audio recording made from a Dallas motorcycle policeman's microphone that was said to provide evidence of four shots—that is, three by Oswald and a fourth by another shooter. That fourth shot, a miss, was thought to have come from the grassy knoll. As a result of this evidence, the HSCA concluded that there had been two shooters and that the assassination was likely the product of a conspiracy. The committee also concluded that neither any U.S. security or intelligence agencies (including the CIA) nor the government of Cuba or the Soviet Union had been involved. It did not rule out the involvement of organized crime or anti-Castro groups, but it could not prove it. Not long after the committee published its report, however, the reliability of the acoustic evidence and the conclusions drawn from it came under broad criticism, greatly undermining the HSCA's assertion that there had been a conspiracy.

The release and popularity of Stone's JFK in 1991 sparked a new round of conspiracy speculation, to which Congress responded with the passage of the President John F. Kennedy Assassination Records Collection Act of 1992 and the creation of the Assassination Records Review Board (the members of which were not sworn in until 1994). From 1994 to 1998 this independent board reviewed, declassified, and made available millions of pages of previously sealed or secret documents from the Warren Commission, the HSCA, the FBI, the CIA, and scores of other governmental organizations. The board also conducted some new interviews.

All of the attempts to make previously classified

continued on page 4

information public were taken in the belief that removing the government's veil of secrecy from the assassination would help bring closure. However, decades after the event and the investigations, speculation continues and conspiracy theories still abound to this day.

If someone were to ask me (the editor) my thoughts on the JFK assassination I would simply respond and say, "Someone, or some entity, was obviously smart enough and well organized enough to kill the president and get away with it, whoever that might be.

***Please note:** ALL articles and submissions may be edited or censored for remarks or comments that residents may find offensive. We strive towards creating a newsletter that represents our compassionate, loving community that is all inclusive to all current and future residents. If by chance you read something in one of our newsletters that you find offensive, please don't hesitate to contact me, the editor, to discuss any concerns for future newsletters.*

OUR POOL IS KOOL

Some folks know this **fact** about our pool and some folks may not. This past summer was HOT but, using the CHILLER, our pool temperature was kept cool. Right now, the HEATER is on for the winter and kept at 88 degrees. Enjoy this gem. Our pool is open daily. Hours and rules are posted for folks to read.



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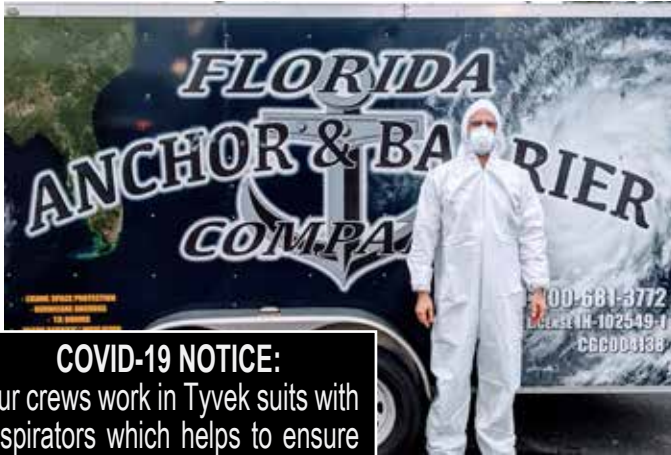
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Saturdays: Morning Coffee (BYO coffee & donuts) at 9:00 a.m. Game Night 7:00 p.m.

RESIDENT-OWNED BUSINESSES

- Tax Preparation and Bookkeeping Services
Donna Pfeiffer (941) 586-2812
- BluFin - Making it easy for you to sell or rent your BLE home. Also, Notary Public Services & Wedding Ceremonies (FREE for BLE Residents Only)
Michael M Kloian (912) 547-2416
- Palmer Pottery Showroom Open by Appointment Only
Jeanne Palmer Jeanne@palmerpottery.com
- Dog Grooming by Ania Rada (773-766-7189)

Want your business or service listed monthly in The Bay Laker? Send your name, phone number, and a short description of your service/product to Editor@BayLakeEstates.org

DECEMBER IS REGISTRATION (STICKER) RENEWAL MONTH

You should be receiving your annual registration renewal from Sarasota County Tax Collector for your home in early December. Payment must be made by 12/31/2023 or a late fee may be assessed. You can either renew on line or pay by check.



HALLOWEEN DINNER & BEST COSTUME CONTEST

contributor Michael M Kloian

On Saturday October 28th our HOA funded our dinner and party in order to eliminate the \$5.00 entry fee. Thank you HOA. This event was hosted by John & Debbie Kreta. Debbie did an outstanding job decorating our clubhouse and offering those yummy miniature cupcakes and homemade pumpkin pies w/cool whip not including that delicious sloppy joe sandwich. She also hosted a game that made the event very special.

Carol Gilcrist led us for the invocation and pledge of allegiance.

This was John and Debbie's first hosting event and we hope they continue to volunteer since we welcome volunteers to chair any and all BLE events. There were 3 cash/gift card prizes for best costume. First place (\$50) went to Dev & Peggy Cammer for their outstanding pirate (Johnny Depp) costumes. Second place went to Brad Bixbee for his Ben Franklin/George Washington costume (\$25) and third place went to Ed Shilney for his *freaky* looking Hannibal Lector costume (from Silence of the Lambs) \$10.

Prizes were courtesy of BluFin.

Everyone had fun and gobbled up (no pun intended) all the food. Speaking of which my leftover baked beans was in a foil pan left in the kitchen frig at the clubhouse. I went there the next day to retrieve the pan since I wanted more of those yummy beans and to my surprise the pan had disappeared. Whoever removed the pan I trust you enjoyed the beans. When food is left in the kitchen frig following a food event the purpose is for folks who missed the event to take some food home and enjoy.



NEW YEARS EVE POT LUCK???

Looking for someone to chair this event.



juices they were cooked in. When I feast on a shank, I place one shank over a bed of mashed potatoes, then pour the juice over it.

As always, we will have desserts, water and tea available.



THANKSGIVING DAY FEAST

Sponsored by ELS Corp and our HOA on Thursday November 23rd at 3:00 p.m. This year's committee was Dana Kelly, Michael McVicar, and Judy Gerarge. More on this event will appear in the January 2024 Bay Laker.



CHRISTMAS DAY DINNER

contributor Michael M Kloian 912-547-2416

On Monday, December 25th at 3:00 p.m. BLE will host our annual Christmas dinner at the clubhouse sponsored by ELS and our HOA. The sign-up sheet will be at the clubhouse following the Thanksgiving Day dinner. The sign-up sheet will be removed on December 18th so we may properly prepare for this event for the following week.



One name per line please so we have an accurate head count for the purpose of ordering/preparing the food. Several servers will be needed for this event. Volunteers are welcome to assist with decorating, general clean-up, etc.

Residents are *FREE* and guests will pay \$7.00 at the door.

The menu will consist of Ham with scratch made glaze, Au Gratin Potatoes, butter braised *fresh* green beans. Also, last year we surprised folks with a dozen braised Lamb Shanks which went over pretty big since they needed to be raffled off. There were more folks wanting to eat one than were cooked. So, this year if you could call me (number above) and let me know you are interested in a Lamb Shank dinner I need to order them by Dec 18th so Publix has them for me by the 22nd. I may need to limit the shanks to 16. I may, or may not, offer mashed potatoes to go with the Lamb Shanks along with the

BINGO IS BACK

Now that summer is long gone, weekly bingo is returning.

The schedule will be the same as last year: every Wednesday starting at 7:00 p.m. Be sure to arrive at least 15 minutes early to purchase your cards (and daubers if you need them).

Any questions? Call Herb Van Dyke (941-483-1043).

SATURDAY MORNING COFFEE

Come one, come all... Free coffee and donuts is back.

MORE HELP ALWAYS NEEDED!

contributor Marion Brooks

HELP!! LILFE!! AYUADA!! MEMBANTU!!

We need help, in any language. During the year 2023 & 2024, our HOA would like to host the following events below:

While some folks have signed up, several upcoming events need a designated chairperson to run the show, plan the menu, find volunteers etc.

- ~~Golf Cart Christmas Parade December 2023 HOA special events committee~~
- ~~Christmas Dinner 2023 (Michael M Kloian/ Brad Bixbee)~~
- ~~New Years Eve Pot Luck Dinner HOA special events committee.~~



- ~~Valentine's Day Dinner and/or Dance 2024. Special events committee.~~
- November 2023 - Scavenger Hunt (to be announced)
- December 31 2023 - New Year's Eve Pot Luck Party (to be announced via an email blast)
- January 13, 2024 - Welcome Back Breakfast (to be announced)
- January 2024 - Mexican Night (to be announced)
- February 17th 2024 - Valentine's Day (Food, Desserts and Dance) (to be announced)
- Meet and Greet (to be announced)
- March 2024 – St. Patrick's Day (pot luck???) (to be announced)
- October 2024 - Pumpkin Carving Contest

The special events committee who volunteered to oversee certain events is: Dena Swain, Becky Smith, Linda Nifong and Frank Carrier.

Volunteers are always needed to chair and work each event. Some categories of volunteers are: Chairperson(s) to manage and plan the event, Kitchen Helpers (food preparation), Food Servers, Sink Duty (cleaning pots, pans, utensils), Set-up & Tear Down. To volunteer, please call the chairperson in charge of the event if you're inclined to assist.

WHAT'S GOIN' ON IN BAY LAKE ESTATES? STAY CURRENT

contributor Steve Rollison 941-375-8110

YOUR MOST VALUABLE ACCOUNT

You probably have an online account that many crooks would value even more than your bank account. Really!

Hacking into your e-mail account might actually provide them easy access to all your other online accounts – including your bank and/or investment accounts. But you already knew that – right?

You did know that already if you've been an Event Alerts subscriber for a while. That's because an Alert

went out not that long ago, describing how a Bay Lake resident narrowly escaped being victimized by a crafty crook pretending to be an Xfinity employee. Yes, he was trying to con the resident out of his e-mail password!

What exactly are the Event Alerts, you ask?

They are short e-mail "blasts" sent out whenever there are news items, announcements, events or activities you'd want to know about. The Bay Laker Newsletter is great, but like any printed information, it's pretty much out of date by the time you pick it up.

Alerts are the best way to stay on top of things at Bay Lake.

If you're not already a subscriber, becoming one couldn't be any easier. Just send me a request at:

EventAlerts@SteveRollison.com

A brief "Please subscribe me," along with your name, is all you need to send.

WOMEN'S CLUB LUNCHEON

contributor Joyce Martin 941-451-1624

The goal of the Women's CLUB Lunch is to establish comradery and good fellowship to ALL women residing in Bay Lake Estates, for resident owners, renters and guests.

To that end, the Club will be holding a HOLIDAY LUNCHEON on Thursday Dec. 14, 2023 (in lieu of Juliet's Luncheon) in the Clubhouse at 12 noon.

We will start with a short business meeting, followed by lunch consisting of: Chicken Salad on a Croissant and grapes, beverage (water, iced tea, coffee) and dessert.

After lunch there will be some fun activities and a GIFT EXCHANGE. If you wish to participate in the gift exchange, bring a \$10 wrapped gift. AND, of course, a 50/50.

Tickets cost \$2.00 and are being sold at Saturday Coffee and Bingo or see Joyce Martin, Becki Phelps, Liz Breadstill.

SEE YOU AT THE LUNCHEON!

JULIET'S BREAKFAST

Carla Hannay 941-223-0162



On Tuesday, December 19th the Juliet's will be dining at Eggstraordinary restaurant next to Mama Leone's. 2300 Tamiami Trail North 941-966-6652. Please use the sign-up sheet in the Clubhouse.

THE ROMEOS

Tim Swain 317-258-3400

The Romeos (the men of BLE) meet for breakfast usually on the 2nd and 4th Tuesday of every month. They leave the park at 8:45. PLEASE check the sign-up sheet in the clubhouse for the location and more details and to be certain breakfast is still scheduled.

NEWSLETTERS



The Bay Laker Newsletter will continue to be placed in the clubhouse for pick-up until further notice. I am told they plan to resume home delivery sometime, provided a few volunteers step forward. You can also access current and past newsletters online at www.BayLakeEstates.org.

The deadline to submit an article for the January issue has moved to the 7th of December in order for the printer to deliver our newsletter by Christmas.

HOA MEMBERSHIPS

HOA memberships are on sale for 2024. All homeowners may purchase a membership for \$10.00 for the entire year. This is a fiscal thing, January – December.

Please note, when voting for the election of directors **only one member of the HOA per household** are allowed to vote, per #723 of the Florida Statute. Annual renters and occupants may purchase an Associate membership for \$10.00 a year as well. All members may vote on HOA issues and expenditures and attend HOA meetings. HOA memberships are important to receive discounts on certain events, like the Ice Cream Social, the Valentine's Day dinner

and dance, and more.

Memberships will be sold at Saturday morning coffee and at association meetings, or by calling Steve Medich at 708-921-3367.

HOME OF THE MONTH...

November 2023 "Home of the Month" is awarded to: Linda Wood of 86 Azalea St. Way to go Linda. Great job.

Who selects Home of the Month, you may be wondering. The answer is, we don't know who the judges are. When a home of the month is selected by the judges, our community manager, Leslee Jones, personally hands the winner a \$50 gift card.



MY FAVORITE EASY RECIPE

contributor Michael M Kloian

SALSA VERDE (scratch made)

There are two versions of this Salsa, one that is mild and one that offers a little heat by adding peppers.

This is the basic recipe for this scratch made salsa: If you purchase fresh Tomatillos you will need to roast them first in the oven. I purchase canned Tomatillos from amazon.com which is much easier for me to put in the food processor. I cook one can at a time – one can produces plenty of salsa.

Recipe: 1 can of whole tomatillos; 1 jalapeno pepper, seeds removed; 2/3 to 1 cup of chopped onions; 1/2 to 3/4 cup of chopped cilantro; several or a hand-full of minced garlic toes (I usually buy the refrigerated garlic in a bag that is already peeled at Publix); salt and sugar to taste; 1-2 TBL of fresh lime juice; a little water.

I pulverize the above in a food processor then cook it

down on the stove until the mix reaches the desired thickness.

To add a little heat, I'll add about 6 serrano peppers, 4-5 jalapeno peppers, seeds removed, 1 habanero, and one very long hot pepper. All peppers are first pulverized in the food processor before being added to the pot.

This salsa may be used on any food, Mexican or otherwise. I've braised slow cooked pork shoulder with this salsa in the past and it turned out yummy.

Lastly, if you have a Stick Blender use this while cooking down the salsa verde but put it on low as high may force the salsa to splatter outside the pot.





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I'm going to share a story about "Joe". Yes, his name has been changed to protect him.

Joe came in for his regular cleaning. He mentioned that while his kids were in town, he had felt like he was always on alert. He explained that while out to dinner he had to look at who was speaking to make sure he heard clearly. While at home he was always listening for someone to speak to him.

He really liked when it was just him and his wife so he could just hang out. If she said something she knew to get his attention or speak louder so he would look at her.

Joe bought mid-level technology four years ago when he lived up north. Now that they are full time residents and more active with people coming to visit, he has noticed that his hearing aids aren't keeping up.

I offered him a chance to try premium level hearing aids for a few days so he could hear the difference. Premium technology offers better clarity in noisy situations and I recommend my socially active clients try them.

He came in beaming. He came alone.

Joe shared that he and his wife went to Sand Trap and golf was on one of the channels. His wife was talking about one of the kids while he was watching the golf. He responded to her question and in mid-sentence yelled about the amazing golf shot that just happened.

He went on to explain how it was that moment in which he realized he was just hanging out. He wasn't intensely focused on his wife while out to eat. He was just being casual.

With his new hearing aids, he has enjoyed being relaxed and at ease while listening to his family and friends when they get together.

As I shared with him, the higher the technology the more heavy lifting they will provide so you can feel at ease.

If you would like to try hearing aids that can help you relax while being with your friends and family, call me to demo premium technology hearing aids.



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MIRACLES DO HAPPEN

contributor Michael M Kloian

This editorial may be best described as a ‘Miracles Do Happen’ and ‘The Humane Thing To Do’ combined. The following is an amazing story of pure bravery, and fortunately one that has a happy ending.

Noam Tibon, pictured, retired IDF general (Israel Defense Forces), age 62, heard from his son Amir, pictured, that he and his family were hiding in their safe room in their Nahal Oz home near Gaza.

When Hamas terrorists invaded Kibbutz Nahal Oz, Tibon locked himself and his young family in a safe room in his house. ‘I’m prepared to die,’ he later said. But salvation was coming.

Haaretz journalist Amir Tibon moved with his wife Miri to the pastoral Kibbutz Nahal Oz, right on the Gaza border, after the 2014 Israel-Gaza war.

The couple, then without children, wanted to support the small community, Tibon told The Atlantic. They fell in love with the place and stayed. A year ago, they bought a house there.

On the morning of October 7, the sounds of falling mortars drove the couple into the reinforced “safe room” in which daughters Galia, 3.5, and Carmel, 1.5, were sleeping. They were used to the mortars coming from the nearby Gaza Strip, but not to the gunfire that came closer and closer until it was at their window, Tibon later recalled.

An Arabic speaker, Tibon was able to immediately understand what was happening when he heard Hamas terrorists outside his home.

Around 20 terrorists infiltrated the small community that day, while hundreds of others fanned out into other Gaza border communities to kill, maim, burn, and torture. Some 1,400 people were massacred, including babies and entire families.

Sheltering in the safe room, trying to keep his young children quiet, Tibon was able to call Haaretz’s military correspondent Amos Harel, who explained that the terrorists were not just in Nahal Oz, but had invaded communities up and down the Gaza border. “I understood the situation. I am prepared to die,”

Tibon recalled. Then he called his father, Noam, 61, a retired IDF general.

His parents immediately jumped into their car in Tel Aviv and headed south.

At Kibbutz Mefalsim, his father, armed only with a pistol, left the family car and caught a ride with a soldier. While driving along, the two of them came across a firefight between a Hamas cell and soldiers from the elite commando unit, Maglan.

Three Maglan soldiers fell in that fight, among them Maj. Chen Buchris, 26, the deputy commander. Tibon grabbed Buchris’s weapon and helmet and entered the fray.

The terrorists were eliminated, but two of the Israeli soldiers were wounded.

Tibon drove them to his wife, who took them to the hospital in the couple’s car, and again turned south, on foot, spotting another retired general, Israel Ziv. Amir Tibon was still barricaded in the safe room with his family. There was no electricity, and their cell phones had run out of battery. But when he started hearing a different kind of gunfire, he said he knew his father had arrived.

At 4 p.m., 10 hours after they had entered the reinforced room, the family heard a bang on the window and then Noam Tibon’s voice, at which point Galia broke her silence to announce that their granddad had arrived.

“That was the first time we cried,” Amir Tibon said. If you have a ‘*miracle*’ story to share, please send your story to editor@baylakeestates.org. Put NEWSLETTER in the subject line.



SPECIAL EVENTS COMMITTEE

contributor Tim Swain 317-258-3400

The special events committee is in search of talent for some possible upcoming events. If you are interested or can direct us to some resources, we would greatly appreciate it. We know there are some talented people residing within our park. We also know that many of you have been fortunate enough to experience talent in many of the venues around us. We are simply looking for suggestions. Text Linda Nifong, Becky Smith or Dena Swain.

Upcoming special events:

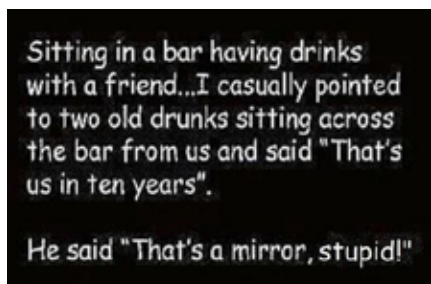
December 9-Golf Cart Christmas Parade

January 13, 2024- Welcome Back Breakfast

February 4, 2024-Spaghetti Supper and Raffle.

February 17, 2024 (tentative)-Valentine's. Food, dessert and music.

A LITTLE HUMOR



WHERE TO DINE – WHAT TO ORDER

contributor Michael M Kloian

CAPTAIN EDDIES - Nokomis

On Saturday, October 21st the *Captain* hosted a karaoke event from 5:30 – 8:30 and it appears they will continue this special event once a month. The DJ, Tim, has the latest and best equipment and can access any song in seconds.

While it's safe to say the *Captain* may not be a fan favorite of many of our residents you can enjoy a cup of Lobster Bisque or Clam Chowder soup along with an appetizer.

You may need to call Captain Eddies to find out when Karaoke will reappear in December. 941-484-4372

MY FAVORITE FILM OR TV SHOW

contributor Michael M Kloian (912-547-2416)

Oftentimes the History Channel will air a variety of *enlightening* shows.

One evening as I watched 'The Food That Built America' on the History Channel I was blown away by how white bread was manufactured (back in the day). It was completely void of any nutritional value. That is until Margaret Rudkin created the first wholesome loaf of bread and called her product Pepperidge Farm (after the name of her farm). Pepperidge Farm founder Margaret Rudkin was an innovator and one of the great business leaders of her time. She was born Margaret Fogarty in New York City in 1897, the oldest of five children in a second-generation Irish family.

Campbell Soup Company, one of the largest and most highly respected food companies in North America, acquired Pepperidge Farm in 1961. America got its first taste of *Goldfish*® crackers in 1962. Margaret discovered this famous snack cracker on a trip to Switzerland and returned with the recipe.



continued on page 16

SUB-FLOOR & FLOORING EXPERTS!

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The Margaret Rudkin Pepperidge Farm Cookbook became the first cookbook to chart on *The New York Times* Bestseller List in 1963. Margaret officially retired from Pepperidge Farm in 1966.

Margaret was a 40-year-old-mother of three young sons, living in Fairfield, Connecticut on a beautiful property called Pepperidge Farm—named for an ancient Pepperidge tree that grew there. The Rudkins had moved into Pepperidge Farm in 1929—the same year as the great Stock Market Crash. The Rudkins faced many challenges during the Great Depression—but as parents, one of the most difficult challenges was dealing with the severe allergies and asthma of their youngest son, whose condition made him unable to eat most commercially processed foods. Based on the advice of a specialist, Margaret put him on a diet of fruits and vegetables and minimally processed foods. Then one day Margaret decided to try baking him some all-natural stone ground whole wheat bread with vitamins and nutrients intact. At a time when puffy, aerated, white bread dominated the market, many skeptics—including her son’s doctor—didn’t think it was possible to bake nutritious bread that was also delicious. Margaret proved them wrong. The sales of her nutritious bread skyrocketed forcing her from the comfort of her own kitchen to a much larger facility. Her wholesome breads success forced other bread makers to add vitamins and minerals to their bread recipe, (i.e. Wonder Bread) which changed the shape of how America ate bread.

“Pepperidge Farm started in my home kitchen with just one idea: producing a top-quality food product.” MR

In conclusion, The Food That Built America also aired the incredible story of how certain food products became famous like Mrs. Fields Cookies, Hostess Cupcakes and Twinkies. These snack items quickly became world famous in their own right.

QUOTE (author unknown): *“Who wants to live in a world without Twinkies.”*

SUNSHINE COMMITTEE

Becki Phelps 585-813-8625

The purpose of the Sunshine Committee is to express sympathy and/or concern to residents in the event of illness or bereavement. We want our neighbors to know they live in a community that cares.

Please let us know about a bereavement or illness regarding a resident that could be shared with the Sunshine Committee.

Call either Becki Phelps at (585) 813-8625 or Sandra Lee at (419) 921-9361. The Sunshine Committee will be sure to confirm your information before posting it.

BIRTHDAYS AND ANNIVERSARIES

by Steve Limkemann (734) 419-9142



December Birthdays

3 John Bleistein	13 Patricia Karcher
7 Louise Gascoyne	14 Patricia Brill
8 George Phelps	17 Jeannie Burling
9 Kim Barker	21 Tom Poletti
9 Brent Bennett	23 Diane Parris
9 John Kreta	23 Charles Reagle
10 Pat Cassidy	25 Donna Reese
11 Cheryl Winters	28 Debra Fontanyi
12 Carol Gilchrist	28 Sherry Van Dyke

December Anniversaries

7 Paula & Peter Morrissey
11 Craig & Teri Anderson
13 Bob & Lorna Malavolti



We may not have everyone’s birthday and/or anniversary month and day. If you had a birthday and/or anniversary this month and we missed it, or listed it incorrectly, please send a correction to stvelim@wwnet.com. That’s also the e-mail address to use to send your info if you are a new resident or have a phone book change.

BAY LAKE ESTATES BOOK CLUB 2023-2024

The group meets on the second Wednesday of the month in the club house library beginning in November 2023 at 1:00 p.m..

Contact person: Karen Limkemann

Date	Title & Author	Leader
November 8th	Suddenly Psychic by Elizabeth Hunter pub: 2020	Susan Rollison
December 13th	Beneath a Scarlet Sky by Mark T. Sullivan pub: 2017	Jane Shupp
January 10th	West With Giraffes by Lynda Rutledge	Bonnie Heintz
February 14th	The Rose Code by Kate Quinn pub: 2021	Diane Adamson
March 13th	The Personal Librarian by Maire Benedict pub: 2020	Sharon Brewer
April 10th	The Wish by Nicholas Sparks pub: 2021	Virgini



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DECEMBER 2023

NOVEMBER
S M T W T F S
1 2 3 4
5 6 7 8 9 10 11
12 13 14 15 16 17 18
19 20 21 22 23 24 25
26 27 28 29 30

JANUARY 2024
S M T W T F S
1 2 3 4 5 6
7 8 9 10 11 12 13
14 15 16 17 18 19 20
21 22 23 24 25 26 27
28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						1 Morning Coffee 9:00 a.m. Game Night 7:00 p.m.
3		4 Cards - Texas Hold-em for BLE residents only (6:30 p.m.) HOA/General Membership meeting 7:00 p.m.	5 Golf in Venice (8:45 a.m.) Bingo 6:45 p.m.	6 Shuffleboard (6:00 p.m.) January Newsletter Article Deadline Pearl Harbor Remembrance Day	7 Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m.	8 Morning Coffee 9:00 a.m. Game Night 7:00 p.m. Golf Cart Christmas Parade
First Sunday of Advent						9
10		11 Cards - Texas Hold-em for BLE residents only (6:30 p.m.) Romeos 8:45 a.m.	12 Golf in Venice (8:45 a.m.) Bingo 6:45 p.m.	13 Shuffleboard (6:00 p.m.) Women's Club Luncheon/ Juliet's Lunch at 12:00 noon	14 Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m.	15 Morning Coffee 9:00 a.m. Game Night 7:00 p.m.
						16
17		18 Cards - Texas Hold-em for BLE residents only (6:30 p.m.) Juliet's Breakfast at 9:30 A.M.	19 Golf in Venice (8:45 a.m.) Bingo 6:45 p.m.	20 Shuffleboard (6:00 p.m.)	21 Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m. First Day of Winter	22 Morning Coffee 9:00 a.m. Game Night 7:00 p.m.
						23
24	25 Christmas Day dinner 3:00	26 Cards - Texas Hold-em for BLE residents only (6:30 p.m.) Romeos 8:45 a.m.	27 Golf in Venice (8:45 a.m.) Bingo 6:45 p.m.	28 Shuffleboard (6:00 p.m.) Board of Directors meeting 10:00 a.m.	29 Cards (dealer's choice) 6:30 p.m. Euchre 7:00 p.m.	30 Morning Coffee 9:00 a.m. Game Night 7:00 p.m.
Christmas Eve	Christmas					
31						
New Year's Eve						



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