

# The Bay Laker

## Issue 178

### DATES TO REMEMBER

Newsletter Article Deadline..... Aug 15th for the September issue.  
Saturday Morning Coffee ..... 9:00 a.m. Free coffee & donuts ended May 3rd and may resume one day,  
..... sooner than you think.  
Romeos breakfast..... Aug 11th and Aug 25th at 8:45 a.m. (see the sign-up sheet)  
The Juliets will dine for lunch on ..... Thursday, August 13th at 1:00 p.m. at Pineapple Tequilla's.  
The Juliets will be going to the ..... Suncoast Cafe at 9:30 for breakfast on Friday, August 21st.  
Monday, September 7th ..... Labor Day lunch at 12:00 p.m. Use sign-up sheet.

### FROM THE EDITOR

contributor – Michael M Kloian 912-547-2416

#### STOP THIEF!

Despite the '*honesty is the best policy*' theorem most folks adhere to during their lifetime it would appear we may have a thief roaming around here in BLE who thinks they can help themselves to anything in our community kitchen.

While it may be somewhat true, once we host a lunch or dinner, if you find any leftovers in the kitchen fridge the next day, or the same evening, like turkey, ham, baked beans, pies or cake, you can generally help yourself and take some home to enjoy, but not all of it, however, any other items in the kitchen are off limits like the missing meat slicer from several years ago.

It appears, prior to our Memorial Day lunch, someone absconded with the huge roll of commercial grade foil and a large bottle of Dawn detergent. The reason I feel it was one of our residents is because strangers do not have the code to enter the clubhouse.

#### HOA Officers & Directors

President ..... Gaetane Carrier  
613-799-0055  
Vice President..... Robert (Scott) Nekrasz  
Secretary ..... Linda Nifong  
574-274-1591  
Treasurer..... John Kreta  
513-886-4201  
Director-at-large..... Kenny Nifong  
Director-at-large..... Deb Kreta  
Director-at-large..... Carrie Strano

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I know all of us grew up knowing that the 'thou shalt not steal' is implanted inside of us from childhood so I fail to understand why it is that some may feel they are entitled to whatever is inside the community kitchen.

The clubhouse kitchen has lots of stuff inside the drawers, cabinets

*continued on page 3*

WE ARE A SMALL COMMUNITY AND  
HAVE MANY WALKERS  
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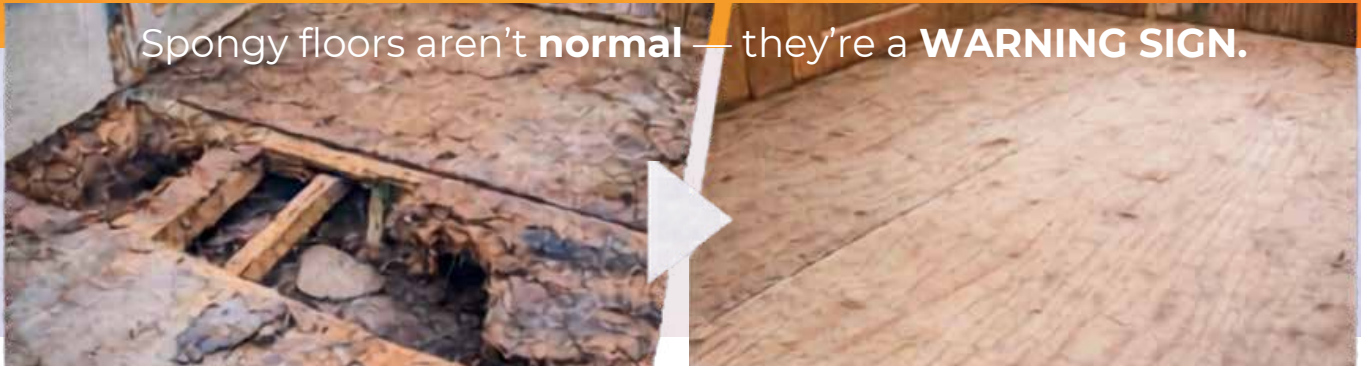
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and cupboards that BELONGS IN THE KITCHEN and is the property of the HOA. In the event someone uses the clubhouse for a special event, like an anniversary party, birthday, celebration of life or a manager's appreciation day, then they have at their disposal pots and pans, bowls, silverware, foil, plastic wrap, etc.

And now, I am told on 06/29 by Debbie Kreta, someone took the computer from the clubhouse.

Shame, shame, I wish we knew your name. Stop stealing stuff that does not belong to you. They say karma is a b\*\*\*\*.

## ON-GOING EVENTS...



**Monday:** Cornhole (6:00 p.m.) clubhouse

**Tuesdays:** Cards -Texas Hold-em for BLE residents only 6:30 p.m.

**Wednesdays:** Golf in Venice (7:15 on Wed. when in season)

**Thursdays:** Cornhole – (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.)

**Fridays:** Golf in Venice - 6:30; Mahjong 1:00 p.m. Cards (dealer's choice) 6:30 p.m. Euchre 6:00 p.m.

**Saturdays:** Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.

**Sundays:** Domino's every week at 6:30 at the clubhouse-no sign up sheet.

## RESIDENT-OWNED BUSINESSES

- Palmer Pottery Showroom Open by Appointment Only  
Jeanne Palmer [Jeanne@palmerpottery.com](mailto:Jeanne@palmerpottery.com)
- BluFin - Making it easy for you to sell or rent your BLE home. Also, Notary Public Services & Wedding Ceremonies (FREE for BLE Residents Only) Michael M Kloian (912) 547-2416
- Skin Care by Jewls LLC - Master Aesthetician & Board Certified Permanent Makeup Artist (go to [skincarebyjewls.com](http://skincarebyjewls.com)) discounts available for BLE residents only - cell/text = (239)-687-8847
- In home *personal* care & light housekeeping. CPR certified; Dementia & Alzheimer's certified. Also, legal docs done right (not legal advice), by Beverly Adair – (205)-899-7566 Using her skills, and education during her attendance at Law School, and current job experience Beverly can help with numerous things and develop a host of legal documents at an affordable rate including various Trusts, Wills, POA's and many other important docs you may need. [www.legaldocswithbev.com](http://www.legaldocswithbev.com)

Want your business or service listed monthly in The Bay Laker? Send your name, phone number, and a short description of your service/product to [Editor@BayLakeEstates.org](mailto:Editor@BayLakeEstates.org)

# AUGUST

**Please note:** ALL articles and submissions may be edited or censored for remarks or comments that residents may find offensive. We strive towards creating a newsletter that represents our compassionate, loving community that is all inclusive to all current and future residents. If by chance you read something in one of our newsletters that you find offensive, please don't hesitate to contact me, the editor, to discuss any concerns for future newsletters.

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**JULY 4TH LUNCHEON 2026**

While the 4<sup>th</sup> has come, and is now gone until next year, the memory of eating those yummy, fall-off-the-bone, tender and succulent ribs, will live on. I especially enjoyed the homemade BBQ sauces Yo Daddio (the BBQ food truck on HWY 41) provided with the ribs they cooked for us. The consensus in the clubhouse was they were well seasoned and perfectly smoked. A sure sign of great ribs is the rib rub mix, the bark, after being smoked, and the taste of the seasoned meat without the slathering sauce. Many folks prefer not to put sauce on their ribs so they can taste the rib meat.



And, let us not forget that delicious sloppy joe Debbie made for us from a secret Key West recipe, which, by the way, may appear in one of the next two newsletters. Watch for it.

Over all we had 60 folks on the sign-up sheet with about 59 people present.

**LABOR DAY LUNCH**

contributor – Helen Baker 309-830-8449

On Monday, September 7<sup>th</sup> at 12:00, you are invited to share lunch & conversation at the clubhouse and celebrate Labor Day. Residents are free and guests pay only \$10.00. Helen Baker and Linda Wood will be serving Obee's sandwiches, chips, salads, iced tea, water and desserts. You are welcome to bring any food items to share and BYOB if you so desire. There will be a sign-up sheet around August 1<sup>st</sup> at the clubhouse.

**DIET**

Courtesy of Dr. Darold Lito as per his email newsletter



Timing of coffee intake may affect Cardiovascular Benefits.

Adding to a growing body of research on the benefits of coffee, a recent study involving 21,553 adults found that consuming the beverage in the morning was associated with a 25% lower risk of cardiovascular disease-related death. However, late-day coffee consumption did not confer these benefits. *FASEB Journal, June 2026*

**JULIET'S LUNCH**

Helen Baker 309-830-8449

The Juliets will dine for lunch on Thursday, August 13<sup>th</sup> at 1:00 p.m. at Pineapple Tequilla's. Please use the sign-up sheet at the clubhouse.

**JULIET'S BREAKFAST**

Judy Gerarge 847-401-0115



The Juliets will be going to Suncoast Cafe, at 9:30 for breakfast on Friday August 21<sup>st</sup>. Please use the sign-up sheet at the clubhouse.

**THE ROMEOS**

Tim Swain 317-258-3400

The Romeos (the men of BLE) meet for breakfast usually on the 2<sup>nd</sup> and 4<sup>th</sup> Tuesday of every month. They leave the park at 8:45. PLEASE check the sign-up sheet in the clubhouse for the location and more details and to be certain the breakfast is still scheduled.

august

## 2027 RUMMAGE SALE

At the March 3, 2026 HOA meeting, the following members were appointed as Co-Chairs for the 2027 Rummage Sale:

1. Deb Kreta
2. Scott Nekrasz
3. Robin Izbicki (Plant Sale)



The rummage sale is always a wonderful community event, but it also requires a great deal of planning, organization, and help from volunteers to make it successful. As we hope to reclaim our storage shed in the coming months, preparations will be getting underway.

If you would like to be part of this fun community effort, **we would love your help!** Please feel free to provide your name to any of the co-chairs if you're interested in volunteering.

Let's come together as a community to make this event a wonderful success!

Coming soon! Someone will post the dates and times you can either drop items off for the sale or have them picked up. Keep an eye open for the dates.

## SCAM WARNING

contributor Steve Rollison (614)327-3792



### **Future Columns**

My intention is to make Scam Warning a regular column in The Bay Laker. But different than this month's column which could be classified as "general scam education." Future columns will be shorter and focus on "actionable steps to prevent being scammed."

Planned Outline for Future Columns.

Different how? The focus will be on actionable preparations, rather than general scam-avoidance advice like you see above.

- The newest scam that has ripped off seniors
- How the scam works
- What the scammer will say to you
- The first thing you must do to avoid the scam
- Further steps to avoid being victimized
- Scammers are very skilled and devious. What to do if despite your best efforts you are scammed anyway.

## NEW PHONE BOOK DIRECTORIES ARE READY

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## **BAY LAKE BOOK GROUP**

by Karen Limkemann -

We would like to have more people come to our Reading Book Group. I know there are more readers out there. I see you reading books at the pool.

Joining a book club, turns a solitary hobby into a shared experience, offering discussion, debate, and intellectual and personal growth.

One of the great things about belonging to a book club is that you discover new genres, authors and challenging books that you wouldn't normally pick up.

You gain new perspectives and understand books and themes more deeply through varied interpretations and experiences from others.

Analyzing plots, characters and themes boost critical thinking. Keeping your brain active and engaging with complex ideas and stories sharpen your mind.

There is also the socialization and meeting new people and making new friends when you join a book club.

We have been meeting on Wednesdays in the library at 1:00. But, to encourage more readers to come we are changing our time to 7:00 PM. Bring your own beverage, and dessert will be provided.

In March and April we start thinking about books that we would like to read and discuss for next season. If you have read a book that you think others would enjoy we would love to hear from you.

The book that we are reading this month is:

The Borrowed Life of Frederick Fife by Anna Johnston

It is about a kind lonely elderly man who is facing eviction. He is mistaken for a missing resident at a nursing home. It is a hilarious, feel-good novel about forgiveness, redemption and second chances.

Super fun book!

This is Anna Johnston's first book.

She refers to herself as a former baby, aspiring octogenarian, and debut Australian author with a love for the heartfelt and hilarious. She grew up in

country Victoria before moving to Melbourne, by the beach, where she lives with her husband, two daughters, and elderly Italian Greyhound.

## **PLANT SALE?**

Bay Lake Community. So, as Plant Sale Chairman, I would like to ask our residents to keep us in mind if you have no longer needed empty pots, unwanted plants, etc. Although the future plant sale is not quite a year away, hopefully it will be paired with the Rummage Sale. You can call me at 860 608 3271 with questions; ROBIN IZBICKI 169 Oleander St.

## **YOUR DAILY BREAD**

contributor yung pueblo (Author)

...sometimes you walk willingly into heartbreak because it is clear that your time as partners has run its course.



For a while you fit together seamlessly, but over time your paths have started to diverge. It has become too hard to meet each other in the middle and your heart no longer feels at home. There is only so much trying you can do before you say enough and take a new direction. Even though the future is unclear, you know that moving forward alone is what you need to grow and be free.

## **A LITTLE HUMOR**



## RECIPE OF THE MONTH

*courtesy of Chef Michael M Kloian*

### CORNMEAL & FLOUR – PAN FRIED - CRUSTED CATFISH ANYONE?



I realize over the past several years I've bragged, from time to time, about how good the deep fried catfish is at Gold Rush but I tweaked my own recipe and tried it in my kitchen and all I can say is it was absolutely delish. Store bought (Publix) catfish is usually farm raised so if you want wild caught please let me know where I can find that product.

I bought 1 large filet of catfish (about ¾ lb) then cut it in half for 2 equal portions.

Make the seasoning in a small bowl using about 1 heavy tsp of garlic powder, 1 heavy tsp of onion powder, 1 tsp of sweet paprika, 1 tsp of salt, 1 tsp of freshly ground black pepper.

Stir together about 1/3 cup of milk with 1 heaping tbl of the seasoning mix. Spread the filets in a shallow pan or glass dish and pour the milk/seasoning over the fish, turning once or twice to equally coat both sides. Marinate the fish for 1 hour in the frig.

Meanwhile stir together about 1.5 cups of fine cornmeal & 1/3 cup of flour along with the balance of the seasoning mix stirred inside the cornmeal/flour. Holding each filet with your fingers allow the milk mix to drip off the fish then dip each filet in the cornmeal/flour mix on both sides then pat it down with your fingers and set aside.

Using a frying pan pour enough oil to pan fry the catfish on medium heat for a total of about 5-6 minutes, turning once. When cooked the fish will be moist and very tender and should melt in your mouth. If you like, squeeze a little lemon juice when cooked. I did not use tartar sauce. No need. The flavors were there without it.

Enjoy!

## WHAT'S GOIN' ON IN BAY LAKE ESTATES? STAY CURRENT

*contributor Steve Rollison 941-375-8110*

### YOUR MOST VALUABLE ACCOUNT – EVENT ALERTS

What exactly are the Event Alerts, you ask? They are short e-mail “blasts” sent out whenever there are news items, announcements, events or activities you'd want to know about. The Bay Laker Newsletter is great, but like any printed information, it's pretty much out of date by the time you pick it up.

Alerts are the best way to stay on top of things at Bay Lake.

If you're not already a subscriber, becoming one couldn't be any easier. Just send Steve a request at: [EventAlerts@SteveRollison.com](mailto:EventAlerts@SteveRollison.com)

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## MY FAVORITE FILM OR TV

### SHOW

contributor Michael M Kloian 912-547-2416

“The American Revolution” (2025)



I purchased this DVD series years ago and donated this to our library but for some odd reason someone borrowed it from the library and did not return it.

For an unmatched, definitive look at the conflict, legendary filmmaker Ken Burns released his massive six-part, 12-hour documentary series on PBS. Impeccably timed for the 250th anniversary of the start of the war, the series eschews dry textbook history to focus heavily on the raw, ground-level human experience. It weaves together the letters and diaries of rank-and-file Continental soldiers, teenage militiamen, British officers, Loyalists and enslaved people to paint a visceral picture of how chaotic and fragile the fight for independence truly was.

This is a must watch kind of film that rarely comes along.

Also, a highly recommended Documentary Series recently released I have not yet seen is...

- **The Revolution:** A 13-episode History Channel series that breaks down the major battles, strategies, and key figures of the war

## SUNSHINE COMMITTEE NEWS

Please send us your request in order for us to send messages of condolence or to acknowledge an illnesses of friends/neighbors in Bay Lake. We will send out cards. Please email or call Debbie Kreta 513-237-0028 the [kretas@gmail.com](mailto:kretas@gmail.com) or Marian Brooks 519-710-2929 [mbrooks654@gmail.com](mailto:mbrooks654@gmail.com)

## NEWSLETTERS



As you may have noticed with the May issue it was not delivered to your mailbox. Please pick up your copy at the clubhouse around the 1<sup>st</sup> of each month. You can always access past newsletters online at [www.BayLakeEstates.org](http://www.BayLakeEstates.org).

## HOA MEMBERSHIPS



HOA memberships are on sale for 2026. All homeowners may purchase a membership for \$10.00 for the entire year. This is a fiscal thing, January – December.

*Please note*, when voting for the election of directors **only one member of the HOA per household** are allowed to vote, per #723 of the Florida Statue. Annual renters and occupants may purchase an Associate membership for \$10.00 a year as well. All members may vote on HOA issues and expenditures and attend HOA meetings. HOA memberships are important to receive discounts or to join special events, like the Welcome Back Breakfast, Ice Cream Social, Valentine’s Day dinner and dance, Halloween Party and more.

Memberships will be sold at Saturday morning coffee and at association meetings, or by calling John Kreta at 513-886-4201.

## WHERE TO DINE – WHAT TO ORDER

*One cannot think well, love well, sleep well, if one has not dined well.”*

— Virginia Woolf, A Room of One's Own



# **BAY LAKE ESTATES BOOK GROUP 2026 - 2027**

Contact person: Karen Limkemann 734-890-9229

The group meets on the 2nd Wednesday of the month in the library at 7:00 pm

## **Date/Title & Author/Leader**

November 18, 2026

(3rd week) This is Going to Hurt by Adam Kay pub: 2022 Susan Rollison

December 16, 2026

The Most Fun We Ever Had by Claire Lombards pub: 2019 Carrie Strano

January 13, 2027 When We Believed in Mermaids by Barbara O'Neal pub: 2019 Diane Adamson

February 17, 2027 Remarkably Bright Creatures by Shelby Van Felt pub: 2023 Raylene Baylis

March 24, 2027 Pride and Prejudice by Jane Austen pub: 1813 Karen Limkemann

April 14, 2027 The Housemaid by Freida McFadden pub: 2022 Marian Brook



## **AUGUST BIRTHDAYS AND ANNIVERSARIES**

by Steve Limkemann (734) 419-9142

### **August Birthdays**

3 Teri Anderson  
3 Ernest Hopkins  
3 Doris Stuchell  
4 Tom Cassidy  
10 Kathleen Buhler  
13 Becki Phelps  
14 Mary DeClaire  
15 Jim Swilley  
17 Agnes Kroll  
17 Dan Loman  
18 Dick Varga  
19 Ray Riley  
20 Scott Tomash  
21 Gaetane Carrier  
21 Jim Gordon  
23 Julie MacMillan  
24 Deborah Kreta  
25 Diane Potter  
26 Lawrence Johnson  
30 Diane Adamson  
30 Robert Kreidler  
30 Joe Tempesta



### **August Anniversaries**

11 John & Susan Zimmermann  
18 James & Rebecca Bradshaw  
23 Pat & Tom Cassidy  
28 Bob & Peg Shaw  
29 Bill & Donna Reese



We may not have everyone's birthday and/or anniversary month and day. If you had a birthday and/or anniversary this month and we missed it, or listed it incorrectly, please send a correction to [stevelim@wwnet.com](mailto:stevelim@wwnet.com). That's also the e-mail address to use to send your info if you are a new resident or have a phone.



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## Best of Venice 2025

### Hearty Referral

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As a small business owner, the best  
compliment I receive is a referral.  
Identifying who needs a referral can  
be a bit tricky. I created a story to help  
my clients recognize who might need my services.

When you dine out with friends you may notice some-  
one who keeps saying "huh" or "what". This indicates they  
can't hear well in a noisy setting and tends to be a first  
indicator of a hearing loss.

Research has indicated that on average people take  
seven years to seek help for their hearing loss. Maybe if  
enough people ask, they might get the help sooner.

Over the years I have had referrals of new clients who  
tell me they were out to dinner with friends who recom-  
mended they come see me. And now, I have my referral  
suggestion taken to a whole new level.

A lovely lady, with a great heart, was out to dinner with  
friends. She heard a gentleman sitting at another table say-  
ing "huh" and "what" a lot. After a while she turned around,  
interrupted him and suggested he come and see me.

The happy ending is he did come in. His wife had been  
begging him to get his hearing checked for years, but it  
took a stranger's suggestion to convince him.

The gentleman's visit to my office revealed that he had a  
more severe hearing loss than he initially thought. With the  
help of hearing aids, he can now hear better, and his wife is  
happier when they go out to dinner.

If you notice someone saying "Huh"  
or "What" often, suggest they might  
need to come see me. By taking this  
simple step, you can help them im-  
prove their quality of life and build a  
stronger relationship with their loved  
ones.



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Mold and musty odors  
High A/C bills  
Deteriorating AC ducts

**BEFORE**



**YOUR CRAWLSPACE  
SHOULD BE CLEAN,  
DRY, AND PROTECTED**

**AFTER**



Signs you have moisture issues:

Musty smell inside your home  
Floors feel soft & spongy  
High energy bills  
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JULY  
S M T W T F S  
1 2 3 4  
5 6 7 8 9 10 11  
12 13 14 15 16 17 18  
19 20 21 22 23 24 25  
26 27 28 29 30 31

# AUGUST 2026

SEPTEMBER  
S M T W T F S  
1 2 3 4 5  
6 7 8 9 10 11 12  
13 14 15 16 17 18 19  
20 21 22 23 24 25 26  
27 28 29 30

| Sunday                                                                | Monday                                  | Tuesday                                                     | Wednesday                                          | Thursday                                                         | Friday                                                                                            | Saturday                                                |
|-----------------------------------------------------------------------|-----------------------------------------|-------------------------------------------------------------|----------------------------------------------------|------------------------------------------------------------------|---------------------------------------------------------------------------------------------------|---------------------------------------------------------|
|                                                                       |                                         |                                                             |                                                    |                                                                  |                                                                                                   | 1<br>Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.  |
| 2<br>Domino's every week at 6:30 at the clubhouse- no sign up sheet.  | 3<br>Cornhole (6:00 p.m.)<br>clubhouse  | 4<br>Cards -Texas Hold-em for BLE residents only 6:30 p.m.  | 5<br>Golf in Venice (7:15 on Wed. when in season)  | 6<br>Cornhole - (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.)  | 7<br>Golf in Venice - 6:30; Mahjong 1:00 p.m. Cards (dealer's choice) 6:30 p.m. Euchre 6:00 p.m.  | 8<br>Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.  |
| 9<br>Domino's every week at 6:30 at the clubhouse- no sign up sheet.  | 10<br>Cornhole (6:00 p.m.)<br>clubhouse | 11<br>Cards -Texas Hold-em for BLE residents only 6:30 p.m. | 12<br>Golf in Venice (7:15 on Wed. when in season) | 13<br>Cornhole - (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.) | 14<br>Golf in Venice - 6:30; Mahjong 1:00 p.m. Cards (dealer's choice) 6:30 p.m. Euchre 6:00 p.m. | 15<br>Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m. |
| 16<br>Domino's every week at 6:30 at the clubhouse- no sign up sheet. | 17<br>Cornhole (6:00 p.m.)<br>clubhouse | 18<br>Cards -Texas Hold-em for BLE residents only 6:30 p.m. | 19<br>Golf in Venice (7:15 on Wed. when in season) | 20<br>Cornhole - (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.) | 21<br>Golf in Venice - 6:30; Mahjong 1:00 p.m. Cards (dealer's choice) 6:30 p.m. Euchre 6:00 p.m. | 22<br>Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m. |
| 23<br>Domino's every week at 6:30 at the clubhouse- no sign up sheet. | 24<br>Cornhole (6:00 p.m.)<br>clubhouse | 25<br>Cards -Texas Hold-em for BLE residents only 6:30 p.m. | 26<br>Golf in Venice (7:15 on Wed. when in season) | 27<br>Cornhole - (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.) | 28<br>Golf in Venice - 6:30; Mahjong 1:00 p.m. Cards (dealer's choice) 6:30 p.m. Euchre 6:00 p.m. | 29<br>Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m. |
| 30<br>Domino's every week at 6:30 at the clubhouse- no sign up sheet. | 31<br>Cornhole (6:00 p.m.)<br>clubhouse |                                                             |                                                    |                                                                  |                                                                                                   |                                                         |

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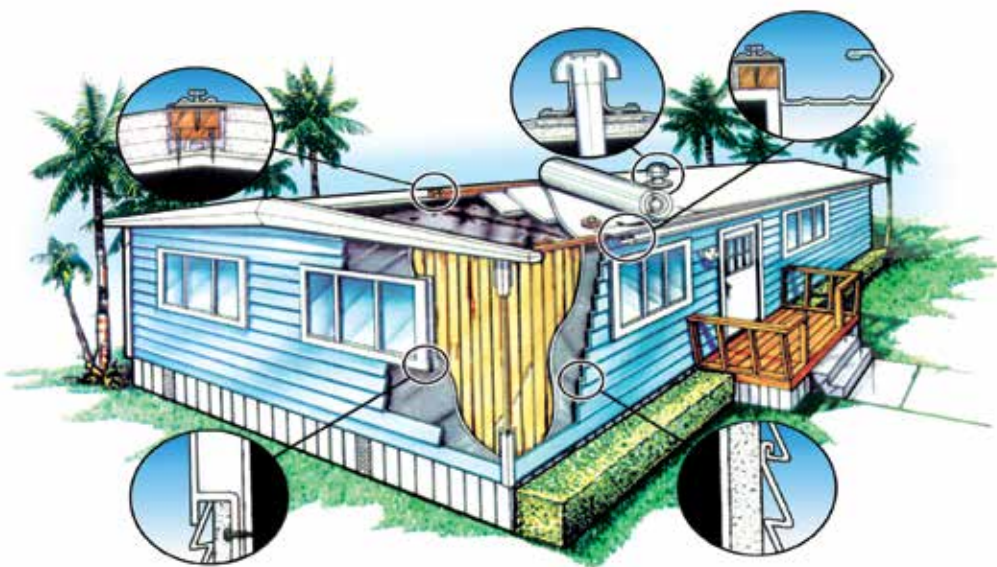


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School Board  
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