

The Bay Laker

Issue 179

DATES TO REMEMBER

Monday, September 7th..... Labor Day lunch at 12:00 p.m. Use sign-up sheet.
Newsletter Article Deadline..... Sept 15th for the October issue.
Romeos breakfast..... Sept 8th and Sept 22nd at 8:45 a.m. (see the sign-up sheet)
The Juliets will dine for lunch on Thursday, September 10th at 1:00 p.m. at The Crows Nest – South Jetty
The Juliets will be going to..... Perkins at 9:30 for breakfast on Tuesday, September 15th.
Saturday Morning Coffee 9:00 a.m. .. Free coffee & donuts ended May 3rd and may resume one day,
..... sooner than you think.

FROM THE EDITOR

contributor – Michael M Kloian 912-547-2416

SOLAR GRAZING?

What on earth is solar grazing, you might be asking, and how does this affect me?

When people first started opposing solar on farmland, the biggest concern was that it would take productive farmland out of agriculture. Farmland is valuable, and none of us wants to see it wasted.

So the industry responded, and something new was born: solar grazing. Solar grazing, a form of agrivoltaics (farming under and around solar panels), isn't anything new. It's been done in Europe for decades.

But here in the United States, it took off quickly, with the number of solar graziers doubling between 2020 and 2024.

Sheep have been the traditional “plug-and-play” option. They work well on virtually any solar site. They don't jump or chew (like goats), and their small, nimble bodies make it easy for them to maneuver under and around solar panels to eat the vegetation. Grazing with sheep provided a valuable service to solar companies

that needed the vegetation managed anyway. And for sheep farmers, solar grazing was huge, providing an additional revenue stream, access to land, and improved environmental conditions (with added shading and moisture retention benefiting their flocks).

Yet shortly after, the conversation shifted again. People argued that

continued on page 3



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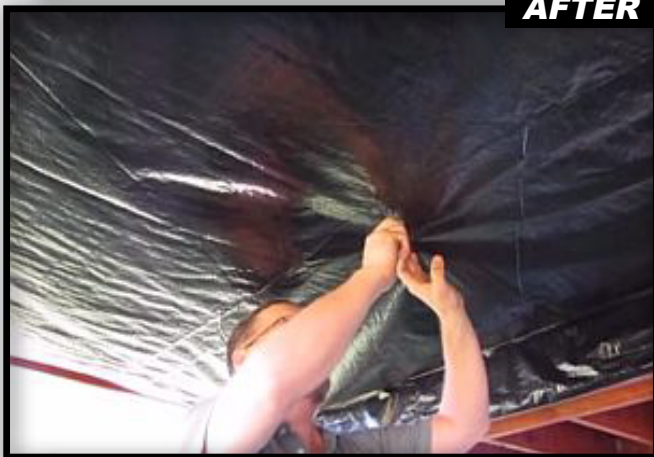
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solar grazing “isn’t real farming,” since there isn’t enough demand for lamb. Therefore, grazing sheep isn’t a “meaningful agricultural use.”

And while 70% of our lamb supply is imported, signaling that there IS in fact a demand that needs to be filled, many don’t disagree with this fact: Americans eat far more beef than they do lamb (about 1 lb of lamb per person, annually, versus 60 lbs of beef, per person).

So they went back to the drawing board.

The’ll always graze sheep on solar sites. They work great on sites that weren’t planned with agricultural dual use in mind. And they are sheep farmers at heart.

But they also recognize that there’s a huge demand for local, affordable beef. And they want to help fill it. They’ve raised beef since 2022, but this season marks the first time that their cattle have grazed solar.

Worth noting is that the site pictured here was not designed for cattle and has tracking panels that are slightly more elevated when fully flat, but when they tip to follow the sun, they look much like traditional layouts and are low.

And the cows are doing fine.

They’re not the first people to do this. Cattle voltaics is growing, and they stand on the shoulders of many talented researchers and ranchers who came before, who’ve been daring enough to experiment and to continue to test the boundaries of what’s possible.

First, it was sheep, now it’s cattle. Tomorrow it could be something else. Agriculture has never stood still.

And neither will they.

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- Skin Care by Jewls LLC - Master Aesthetician & Board Certified Permanent Makeup Artist (go to skincarebyjewls.com) discounts available for BLE residents only - cell/text = (239)-687-8847
- In home *personal* care & light housekeeping. CPR certified; Dementia & Alzheimer’s certified. Also, legal docs done right (not legal advice), by Beverly Adair – (205)-899-7566 Using her skills, and education during her attendance at Law School, and current job experience Beverly can help with numerous things and develop a host of legal documents at an affordable rate including various Trusts, Wills, POA’s and many other important docs you may need. www.legaldocswithbev.com

Want your business or service listed monthly in The Bay Laker? Send your name, phone number, and a short description of your service/product to Editor@BayLakeEstates.org

ON-GOING EVENTS...

- Monday:** Cornhole (6:00 p.m.) clubhouse
Tuesdays: Cards -Texas Hold-em for BLE residents only 6:30 p.m.
Wednesdays: Golf in Venice (7:15 on Wed. when in season)
Thursdays: Cornhole – (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.)
Fridays: Golf in Venice - 6:30;
Mahjong 1:00 p.m.
Cards (dealer’s choice) 6:30 p.m.
Euchre 6:00 p.m.
Saturdays: Coffee & donuts at 9:00 a.m.
Game Night 7:00 p.m.
Sundays: Domino’s every week at 6:30 at the clubhouse-no sign up sheet.

LABOR DAY LUNCH*contributor – Helen Baker 309-830-8449*

On Monday, September 7th at 12:00, you are invited to share lunch & conversation at the clubhouse and celebrate Labor Day. Residents are free and guests pay only \$10.00. Helen Baker and Linda Wood will be serving Obee's sandwiches, chips, salads, iced tea, water and desserts. You are welcome to bring any food items to share and BYOB if you so desire.



Please use the sign-up sheet at the clubhouse. It may not be too late.

JULIET'S LUNCH*Helen Baker 309-830-8449*

The Juliets will dine for lunch on Thursday, September 10th at 1:00 p.m. at the Crows Nest – south jetty. Please use the sign-up sheet at the clubhouse.

JULIET'S BREAKFAST*Judy Gerarge 847-401-0115*

The Juliets will be going to Perkins, 1331 US 41 BP at 9:30 for breakfast on Tuesday September 15th. Please use the sign-up sheet at the clubhouse.

THE ROMEOS*Tim Swain 317-258-3400*

The Romeos (the men of BLE) meet for breakfast usually on the 2nd and 4th Tuesday of every month. They leave the park at 8:45. PLEASE check the sign-up sheet in the clubhouse for the location and more details and to be certain the breakfast is still scheduled.

LEST WE FORGET

Every year, around this time, I like to remind folks about 09/11 by showing this cover photo of People Magazine that I purchased in September 2001 for \$.29 and saved all these years just for this occasion.



And, if you're a fan of Alan Jackson (country artist) you will probably love the song he wrote in early October, 2001, following the 09/11 event that shook America.

Alan was scheduled to perform somewhere and on the eve of his performance he stayed in his hotel room and wrote the now famous song, "Where were you when the world stopped turning that September morn."

If you haven't heard that song, you are strongly encouraged you to listen to it on youtube.com.

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Please note: ALL articles and submissions may be edited or censored for remarks or comments that residents may find offensive. We strive towards creating a newsletter that represents our compassionate, loving community that is all inclusive to all current and future residents. If by chance you read something in one of our newsletters that you find offensive, please don't hesitate to contact me, the editor, to discuss any concerns for future newsletters.

DIET:

Courtesy of Dr. Darold Lito as per his email newsletter

Pro-Inflammatory Diet Linked to Poor Metabolic Health.

According to a recent study involving 4,890 adults, an inflammatory dietary pattern—often characterized by greater consumption of processed foods and sugar-sweetened beverages and lower intake of fruits and vegetables—was associated with a 14% higher risk of developing metabolic syndrome over the 18-year study period. Metabolic syndrome is a cluster of conditions—including central obesity, high blood pressure, unhealthy cholesterol levels, and elevated blood sugar—that occur together and increase the risk of heart disease, stroke, and type 2 diabetes.

Clinical Nutrition, May 2026

A TRIBUTE TO ALL GRANDPARENTS

contributor Michael M Kloian (repeat from 2025)

In the United States, Russell Capper (age 9 in 1969) sent a letter to President Nixon suggesting a special day be set aside as Grandparents' Day. On June 12, 1969, he received a letter back from Rose Mary Woods (personal secretary to the President) reading, "Dear Russell, Thank you for your letter to President Nixon. Your suggestion regarding a Grandparent's Day is appreciated, but the President ordinarily issues proclamations designating periods for special observance only when a Congressional resolution authorizes him to do so. With best wishes, Sincerely, Rose Mary Woods Personal Secretary to the President."

Since the aforementioned letter, Marian McQuade was recognized nationally by the United States Senate – in particular by Senators Jennings Randolph[3] and Robert Byrd – and by *President Jimmy Carter*,

continued on page 6

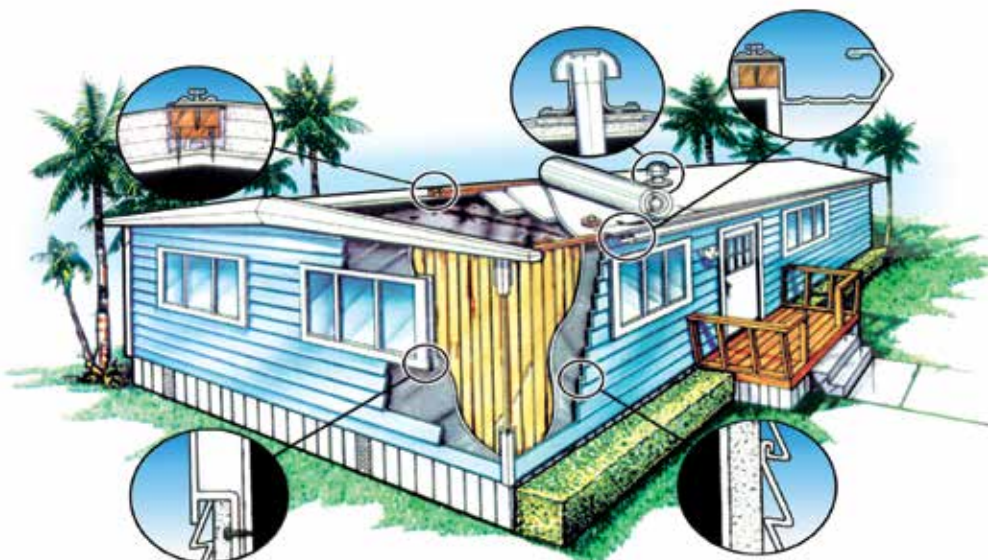


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as the founder of National Grandparents Day. McQuade made it her goal to educate the youth in the community about the important contributions seniors have made throughout history. She also urged the youth to "adopt" a grandparent, not just for one day a year, but rather for a lifetime. Co-founder Cynthia Bennett, who worked for Marian's husband, contributed by writing letters of verification.

In 1973, Senator Jennings Randolph introduced a resolution to the senate to make Grandparents' Day a national holiday. West Virginia's Governor Arch Moore had proclaimed an annual Grandparents' Day for the state, at the urging of Marian McQuade. When Senator Randolph's resolution in the U.S. Senate died in committee, Marian McQuade organized supporters and began contacting governors, senators, and congressmen in all fifty states. She urged each state to proclaim their own 'Grandparents Day'. Within three years, she had received Grandparents Day proclamations from forty-three states. She sent

copies of the proclamations to Senator Randolph.

In February 1977, Senator Randolph, with the concurrence of many other senators, introduced a joint resolution to the senate requesting the president to "issue annually a proclamation designating the first Sunday of September after Labor Day of each year as 'National Grandparents' Day'." Congress passed the legislation proclaiming the first Sunday after Labor Day as National Grandparents' Day and, on August 3, 1978, then-President Jimmy Carter signed the proclamation. The statute cites the day's purpose: "...to honor grandparents, to give grandparents an opportunity to show love for their children's children, and to help children become aware of strength, information, and guidance older people can offer".



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2027 RUMMAGE SALE

(special message below)

At the March 3, 2026 HOA meeting, the following members were appointed as

Co-Chairs for the 2027 Rummage Sale:

1. Deb Kreta
2. Scott Nekrasz
3. Robin Izbicki (Plant Sale)

The rummage sale is always a wonderful community wide event, but it also requires a great deal of planning, organization, and help from volunteers to make it successful.

If you would like to be part of this fun community effort, **we would love your help!** Please feel free to provide your name to any of the co-chairs if you're interested in volunteering.

Let's come together as a community to make this event a wonderful success!

*****IMPORTANT: Coming soon!** As of September 1st, Debbie will post the dates and times at the clubhouse when you can either drop items off at the storage shed for the sale or have them picked up.

Keep an eye open for the dates. Also, there will be a box at the clubhouse for smaller items. **PLEASE do not leave rummage sale items on the floor.**

THE DARK WEB

contributor Michael M Kloian

The dark web is a hidden part of the internet that search engines do not list. It uses special software, like the Tor Browser, to hide who users are and where they live. While it is famous for illegal trade, people also use it for privacy.

How It Works

- Special tools: You need specific software like Tor or I2P to connect.
- Hidden sites: Web addresses end in .onion instead of .com.
- Encrypted paths: Data bounces through many computers to block tracking.

Why People Use It

- Privacy and safety: Whistleblowers and journalists share news safely under strict governments.
- Illegal markets: Criminals sell stolen data, drugs, and hacked tools.
- Free speech: People chat or share ideas away from public eye or censorship
- It includes a broad range of criminal acts that involve exploiting minors for sexual gratification or some other personal or financial gain.

SCAM WARNING

contributor Steve Rollison (614)327-3792

Future Columns

My intention is to make Scam Warning a regular column in The Bay Laker. But different than this month's column which could be classified as "general scam education." Future columns will be shorter and focus on "actionable steps to prevent being scammed."

Planned Outline for Future Columns.

Different how? The focus will be on actionable preparations, rather than general scam-avoidance advice like you see above.

- The newest scam that has ripped off seniors
- How the scam works
- What the scammer will say to you
- The first thing you must do to avoid the scam
- Further steps to avoid being victimized
- Scammers are very skilled and devious. What to do if despite your best efforts you are scammed anyway.

NEW PHONE BOOK DIRECTORIES ARE READY

You can pick one up at the office during office hours.



BAY LAKE BOOK GROUP

by Karen Limkemann -

We would like to have more people come to our Reading Book Group. I know there are more readers out there. I see you reading books at the pool.

Joining a book club, turns a solitary hobby into a shared experience, offering discussion, debate, and intellectual and personal growth.

One of the great things about belonging to a book club is that you discover new genres, authors and challenging books that you wouldn't normally pick up.

You gain new perspectives and understand books and themes more deeply through varied interpretations and experiences from others.

Analyzing plots, characters and themes boost critical thinking. Keeping your brain active and engaging with complex ideas and stories sharpen your mind.

There is also the socialization and meeting new people and making new friends when you join a book club.

We have been meeting on Wednesdays in the library at 1:00. But, to encourage more readers to come we are changing our time to 7:00 PM. Bring your own beverage, and dessert will be provided.

In March and April we start thinking about books that we would like to read and discuss for next season. If you have read a book that you think others would enjoy we would love to hear from you.

The book that we are reading this month is:

The Borrowed Life of Frederick Fife by Anna Johnston

It is about a kind lonely elderly man who is facing eviction. He is mistaken for a missing resident at a nursing home. It is a hilarious, feel-good novel about forgiveness, redemption and second chances.

Super fun book!

This is Anna Johnston's first book.

She refers to herself as a former baby, aspiring octogenarian, and debut Australian author with a love for the heartfelt and hilarious. She grew up in country Victoria before moving to Melbourne, by the beach, where she lives with her husband, two daughters, and elderly Italian Greyhound.

PLANT SALE?

Bay Lake Community. So, as Plant Sale Chairman, I would like to ask our residents to keep us in mind if you have no longer needed empty pots, unwanted plants, etc. Although the future plant sale is not quite a year away, hopefully it will be paired with the Rummage Sale. You can call me at 860 608 3271 with questions; ROBIN IZBICKI 169 Oleander St.

YOUR DAILY BREAD

contributor yung pueblo (Author)

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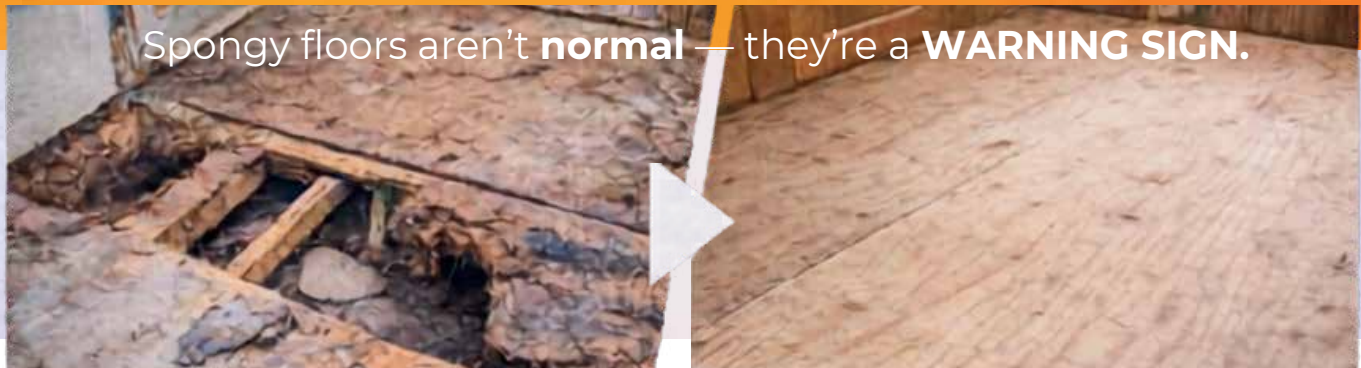
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- Floors can eventually collapse

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RECIPE OF THE MONTH

courtesy of Debbie Kreta

The following SLOPPY JOE recipe is what Debbie made and served at our July 4th lunch and it was sooooo delicious. So, here it is: (cut and save this)

Brown and drain 1 lb ground beef (you can add salt & pepper, if desired)...

Add olive oil, onion, sweet pepper to the ground beef and cook until tender...

Then add the garlic pwd, Worchester sauce, ketchup, mustard and the rest of the ingredients as indicated below...

Ingredients:

½ cup finely chopped sweet onion

½ cup finely chopped sweet green/red pepper

½ tsp garlic powder

1 cup of ketchup

2 tablespoons of Worchester sauce

1 tablespoon of mustard

2 tsp of olive oil

1 pkg sloppy joe mix

1 can of diced tomatoes, drained

Combine and let it simmer 20 minutes

Makes about 12 sandwiches on toasted buns

Enjoy!

If you're not already a subscriber, becoming one couldn't be any easier. Just send Steve a request at: EventAlerts@SteveRollison.com

A brief "Please subscribe me," along with your name, is all you need to send.

New residents are encouraged to subscribe so as to keep up with any last minute changes or events.

MY FAVORITE FILM OR TV SHOW

contributor Michael M Kloian 912-547-2416

To watch 09/11 documentaries or films there are several worthy of spending time in front of the tube to watch.

1. 09/11 One Day in America (2021 available on Hulu)
2. 102 Minutes That Changed America (2008 History Chanel)
3. 09/11 (2002) Directed by Jules and Gedeon Naudet
4. Behind the Scenes and the aftermath (inside the president's war room)
5. Turning Point: 09/11 and the War on Terror (2021) Netflix

SUNSHINE COMMITTEE NEWS

Please send us your request in order for us to send messages of condolence or to acknowledge an illnesses of friends/neighbors in Bay Lake. We will send out cards. Please email or call Debbie Kreta 513-237-0028 the kretas@gmail.com or

Marian Brooks 519-710-2929 mbrooks654@gmail.com

NEWSLETTERS

As you may have noticed with the May issue it was not delivered to your mailbox. Please pick up your copy at the clubhouse around the 1st of each month. You can always access past newsletters online at www.BayLakeEstates.org.

WHAT'S GOIN' ON IN BAY LAKE ESTATES? STAY CURRENT

contributor Steve Rollison 941-375-8110

YOUR MOST VALUABLE ACCOUNT – EVENT ALERTS

What exactly are the Event Alerts, you ask?

They are short e-mail "blasts" sent out whenever there are news items, announcements, events or activities you'd want to know about. The Bay Laker Newsletter is great, but like any printed information, it's pretty much out of date by the time you pick it up.

Alerts are the best way to stay on top of things at Bay Lake.

HOA MEMBERSHIPS

HOA memberships are on sale for 2026. All homeowners may purchase a membership for \$10.00 for the entire year. This is a fiscal thing, January – December.

Please note, when voting for the election of directors **only one member of the HOA per household** are allowed to vote, per #723 of the Florida Statue. Annual renters and occupants may purchase an Associate membership for \$10.00 a year as well. All members may vote on HOA issues and expenditures and attend HOA meetings. HOA memberships are important to receive discounts or to join special events, like the Welcome Back Breakfast, Ice Cream Social, Valentine's Day dinner and dance, Halloween Party and more.

Memberships will be sold at Saturday morning coffee and at association meetings, or by calling John Kreta at 513-886-4201.

WHERE TO DINE – WHAT TO ORDER

PHILLY CHEESESTEAK TIME?

For a variety of Philly steak sandwiches, including chicken, and many other menu items, on the best tasting authentic bread, you need to visit G Boys at 321 Jacaranda Blvd in Venice.

One cannot think well, love well, sleep well, if one has not dined well."

— Virginia Woolf, A Room of One's Own





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BAY LAKE ESTATES BOOK GROUP 2026 - 2027

Contact person: Karen Limkemann 734-890-9229

The group meets on the 2nd Wednesday of the month in the library at 7:00 pm

Date/Title & Author/Leader

November 18, 2026

(3rd week) This is Going to Hurt by Adam Kay pub: 2022 Susan Rollison

December 16, 2026

The Most Fun We Ever Had by Claire Lombards pub: 2019 Carrie Strano

January 13, 2027 When We Believed in Mermaids by Barbara O'Neal pub: 2019 Diane Adamson

February 17, 2027 Remarkably Bright Creatures by Shelby Van Felt pub: 2023 Raylene Baylis

March 24, 2027 Pride and Prejudice by Jane Austen pub: 1813 Karen Limkemann

April 14, 2027 The Housemaid by Freida McFadden pub: 2022 Marian Brook

SEPTEMBER BIRTHDAYS AND ANNIVERSARIES

by Steve Limkemann (734) 419-9142

SEPTEMBER BIRTHDAYS

- 2 Barbara Beaulieu
- 2 Dawn Gagne
- 2 DeeJaye Hott
- 3 Susan Rollison
- 3 Susan Zimmermann
- 4 Craig Anderson
- 5 Albert Clark
- 7 Rick Sutton
- 10 Jerry Oberman
- 11 Helen Baker
- 11 Fred Gallmeyer
- 15 Karen Limkemann
- 19 Sue Small
- 20 Eve Passeltiner
- 23 Denis Lacelle
- 24 Robert Benzo
- 25 Peter Brill
- 29 Keith Buckley
- 30 Iwona Dujanowicz



SEPTEMBER ANNIVERSARIES

- 3 Brent & Cynthia Bennett
- 4 Debbie & Jerry Bowman
- 4 Derk & Gail Bonin
- 15 Marsha & Tom James
- 16 Rusty & Shirley Lashinske
- 17 Jerry Oberman & Kay Reynolds
- 19 Kathie & Robert Morris
- 25 Fred Gallmeyer & DeeJaye Hott
- 25 Les & Nancy Harwood
- 30 Dana Kelley & Michael McVicar



We may not have everyone's birthday and/or anniversary month and day. If you had a birthday and/or anniversary this month and we missed it, or listed it incorrectly, please send a correction to stevelim@wwnet.com. That's also the e-mail address to use to send your info if you are a new resident or have a phone.

SEPTEMBER 2026

August
S M T W T F S
1 2 3 4 5 6 7 8
9 10 11 12 13 14 15
16 17 18 19 20 21 22
23 24 25 26 27 28 29
30 31

October
S M T W T F S
1 2 3 4 5 6 7 8 9 10
11 12 13 14 15 16 17
18 19 20 21 22 23 24
25 26 27 28 29 30 31

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
		1 Cards - Texas Hold-em for BLE residents only 6:30 p.m.	2 Golf in Venice (7:15 on Wed. when in season)	3 Cornhole - (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.)	4 Golf in Venice - 6:30 Mahjong 1:00 p.m. Cards (dealer's choice) 6:30 p.m. Euchre 6:00 p.m.	5 Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.
6 Domino's every week at 6:30 at the clubhouse- no sign up sheet.	7 Labor Day lunch at 12:00 p.m. Use sign-up sheet. Cornhole (6:00 p.m.) clubhouse Labor Day	8 Romeos breakfast at 8:45 a.m. (see the sign-up sheet) Cards - Texas Hold-em for BLE residents only 6:30 p.m.	9 Golf in Venice (7:15 on Wed. when in season)	10 Juliet's Lunch at 1:00 p.m. at The Crows Nest - South Jetty Cornhole - (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.)	11 Golf in Venice - 6:30 Mahjong 1:00 p.m. Cards (dealer's choice) 6:30 p.m. Euchre 6:00 p.m. Patriot Day	12 Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.
13 Domino's every week at 6:30 at the clubhouse- no sign up sheet.	14 Cornhole (6:00 p.m.) clubhouse	15 Newsletter Article Deadline Juliet's breakfast at Perkins at 9:30 for Cards - Texas Hold-em for BLE residents only 6:30 p.m.	16 Golf in Venice (7:15 on Wed. when in season)	17 Cornhole - (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.)	18 Golf in Venice - 6:30 Mahjong 1:00 p.m. Cards (dealer's choice) 6:30 p.m. Euchre 6:00 p.m.	19 Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.
20 Domino's every week at 6:30 at the clubhouse- no sign up sheet.	21 Cornhole (6:00 p.m.) clubhouse	22 Romeos breakfast at 8:45 a.m. (see the sign-up sheet) Cards - Texas Hold-em for BLE residents only 6:30 p.m.	23 Golf in Venice (7:15 on Wed. when in season)	24 Cornhole - (3:00 p.m. clubhouse); Shuffleboard (6:00 p.m.)	25 Golf in Venice - 6:30 Mahjong 1:00 p.m. Cards (dealer's choice) 6:30 p.m. Euchre 6:00 p.m.	26 Coffee & donuts at 9:00 a.m. Game Night 7:00 p.m.
27 Domino's every week at 6:30 at the clubhouse- no sign up sheet.	28 Cornhole (6:00 p.m.) clubhouse	29 Cards - Texas Hold-em for BLE residents only 6:30 p.m.	30 Golf in Venice (7:15 on Wed. when in season)			

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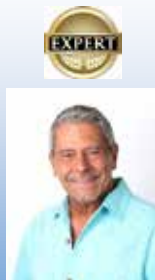


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